



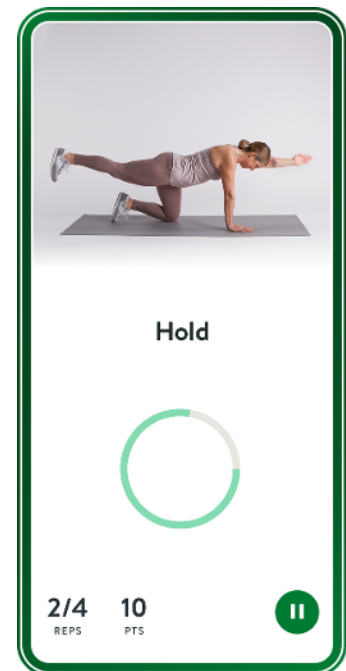
Ready, set, enroll!

Open enrollment is around the bend.

Join Hinge Health for exercise therapy without leaving home. No copays. No office visits. Reduce your back and joint pain in just 15 minutes a day. Best of all, there's no cost to you — your Hinge Health benefit is 100% covered by Option Care Health.

Join Hinge Health to:

- Overcome pain or limited movement
- Recover from a recent or past injury
- Keep your joints healthy and pain free



Scan the QR code to join the waitlist!

hinge.health/optioncarehealth

Questions? Call (855) 902-2777

Employees and dependents 18+ enrolled in a BCBSIL medical plan through Option Care Health are eligible.