2025 COBRA Enrollment









Preparing for 2025 Annual Enrollment

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Your once-a-year opportunity to change your benefits for 2025 is November 4-20.

We are committed to providing affordable options

for you and your family, even as healthcare costs continue to rise nationally. We are excited to offer a slight decrease to your dental premium with no change to vision premium. You will experience a slight increase on premiums for medical.

If you do not actively enroll, your current COBRA elections for medical, prescription drug, dental and vision will carry over to 2025. Your next opportunity to enroll will be the next annual enrollment—the fall of 2026- unless you experience a qualified status change.

As a COBRA participant, if you elect to stop coverage you will not be eligible to enroll at a later date.

For more information about qualified status changes (such as birth, adoption or marriage), go to **ybr.com/ryman** or call **888.GET.YBR1** (**888.438.9271**)

OPRY ENTERTAINMENT













What's New and What It Means to You

What's New for 2025			
Dental and Vision	Premium decrease for Dental Plan No premium change for Vision plan Additional coverage for mouth/night guard		
Medical	Slight premium increase for Medical Plans No plan design changes		

The information in the table above is a Summary of Material Modifi cations (SMM) within the meaning of the Employee Retirement Income Security Act of 1974 (as amended). An SMM describes changes to the information provided in the most recent Summary Plan Description (SPD) for the Plan. An SMM is not the SPD, nor is it the plan document itself; rather, it is a supplemental document to your SPD. Please read this SMM carefully, share it with your family, and keep it, along with your SPD, in a safe place for future reference.

Use Your Medical Plan Benefits Wisely

Learn More About Your Benefits

- See Your Benefits Resources[™] at ybr.com/ Ryman. View your coverage options as well as use the interactive tools available in the Enroll in Your Benefits section of the site.
- Check out YBR mobile access, which gives you access to the YBR website on your webenabled device. You can enroll and review your benefits anywhere.

Each of us must take responsibility for actively managing our healthcare which means making smart, informed healthcare decisions. Here are some things you can do to play your part.

- Use providers in the UMR Choice Plus network whenever possible to receive the highest benefit and pay less out of pocket.
- Take care of your health using the FREE in-network preventive care benefits offered under the medical plan.

Here's an Overview

The medical plan provides 100% coverage for in-network preventive care, such as physicals, immunizations, well-baby care and more. For non-preventive care, you must meet an annual deductible (the dollar amount you must pay before the plan starts to cover your medical costs.) After you meet the deductible, you and the plan each pay a percentage of the cost (called coinsurance) for any additional medical services until you reach the out-of-pocket maximum (the maximum amount you pay out of pocket in a single year before the plan covers 100% of the cost of your covered medical expenses).



Medical Benefits

Administered by UMR

Comprehensive and preventive healthcare coverage is important in protecting you and your family from the financial risks of unexpected illness and injury. A little prevention usually goes a long way—especially in healthcare. Routine exams and regular preventive care provide an inexpensive review of your health. Small problems can potentially develop into large expenses. By identifying the problems early, often they can be treated at little cost.

Comprehensive healthcare also provides peace of mind. In case of an illness or injury, you and your family are covered with an excellent medical plan through Ryman Hospitality Properties.

Ryman Hospitality Properties offers you a choice of three medical plans (all 3 use the UMR Choice Plus Network).

	TRADITIO / \$1,50	NAL PPO \$750 0	HDHP WIT \$2,750 /	ГН СОРАҮ / \$5,500	HDHP W \$3,250 /	
	IN-NETWORK	OUT-OF- NETWORK	IN-NETWORK	OUT-OF- NETWORK	IN-NETWORK	OUT-OF- NETWORK
Annual Deductible	\$750 single \$1,500 family	\$1,500 single \$3,000 family	\$2,750 single \$5,500 family	\$5,500 single \$11,000 family	\$3,250 single \$6,500 family	\$6,000 single \$12,000 family
Annual Out-of-Pocket Maximum*	\$4,000 single \$8,000 family	\$8,000 single \$16,000 family	\$6,500 single \$13,000 family	\$13,000 single \$26,000 family	\$4,000 single \$8,000 family	\$10,000 single \$20,000 family
Coinsurance	80%	60%	80%	60%	90%	50% after deductible
MEDICAL SERVI	CES					
Primary Care Office Visit	\$25 copay	60% after deductible	\$25 copay	60% after deductible	90% after deductible	50% after deductible
Specialist Office Visit	\$40 copay	60% after deductible	\$40 copay	60% after deductible	90% after deductible	50% after deductible
Virtual Visit	\$10 copay	No Coverage	\$10 copay	No Coverage	90% after deductible	No Coverage
Urgent Care	\$50 copay	60% after deductible	\$75 copay	60% after deductible	90% after deductible	50% after deductible
Preventive Care**	100%	No Coverage	100%	No Coverage	100%	No Coverage
Fertility Services	Up to \$10,000 lifetime max	No Coverage	Up to \$10,000 lifetime max	No Coverage	Up to \$10,000 lifetime max	No Coverage
HOSPITAL CARE						
Emergency Room		00 pay admitted)		00 pay admitted)	90% after deductible	90% after deductible
Inpatient	80% after deductible	60% after deductible	80% after deductible	60% after deductible	90% after deductible	50% after deductible
Outpatient Surgery	80% after deductible	60% after deductible	80% after deductible	60% after deductible	90% after deductible	50% after deductible
Ambulance Service	80% after deductible	60% after deductible	80% after deductible	60% after deductible	90% after deductible	50% after deductible

^{*} Annual out-of-pocket maximums include deductible, copayments, and coinsurance

^{**} Preventive Care includes routine exams, immunizations, well baby care and mammograms

Prescription Benefits

Administered by OptumRx

	TRADITIONAL PPO \$750 / \$1,500		HDHP WITH COPAY \$2,750 / \$5,500		HDHP WITH HSA \$3,250 / \$6,500	
	IN-NETWORK	OUT-OF- NETWORK	IN-NETWORK	OUT-OF- NETWORK	IN-NETWORK	OUT-OF- NETWORK
PRESCRIPTION	DRUGS					
RETAIL PHARMA	ACY COVERAGE	(1-31 DAY SUPPL	Y)			
Generic	\$10 c	opay	\$10 c	opay	90% after	deductible
Preferred Brand	\$35 c	opay	\$35 c	opay	90% after	deductible
Non-Preferred Brand	\$70 c	copay	\$70 c	copay	90% after deductible	
Specialty Tier	\$140 copay		\$140 copay		90% after deductible	
RETAIL PHARM	ACY COVERAGE	(32-90 DAY SUP	PLY)			
Generic	\$25 copay		\$25 copay		90% after	deductible
Preferred Brand	\$87.50	copay	\$87.50	copay	90% after	deductible
Non-Preferred Brand	\$175 copay		\$175 copay		90% after deductible	
MAIL ORDER EX	MAIL ORDER EXTENDED SUPPLY (1-90 DAY SUPPLY)					
Generic	\$25 c	\$25 copay		opay	90% after	deductible
Preferred Brand	\$87.50	copay	\$87.50	copay	90% after	deductible
Non-Preferred Brand	\$175 (copay	\$175 (copay	90% after	deductible
Fertility Drugs	\$10,000 lifetime max					



Dental Benefits

Administered by Delta Dental of Tennessee

Good oral care enhances overall physical health, appearance and mental well-being. Problems with the teeth and gums are common and easily treated health problems. Keep your teeth healthy and your smile bright with the Ryman Hospitality Properties dental benefit plan. Your dental plan provides several levels of coverage: preventive services, basic routine services, major restorative services and orthodontia coverage as described below.

Services	In-Network and Out-Of-Network PPO
Annual Deductible	\$50 single \$100 family No deductible for preventive treatment
Annual Benefit Maximum	\$1,200 per person
Preventive Dental Services (cleanings, exams, x-rays)	100%; no deductible
Basic Dental Services (fillings, extractions, oral surgery)	80%
Major Dental Services (crowns, bridges*, implants* and dentures*)	50%
Orthodontia Services	50%, after deductible \$1,500 lifetime maximum per person
Temporomandibular Joint Dysfunction (TMJ)	50% coinsurance after deductible;
Craniomandibular Disorder (CMD) Individual Maximum	Combined \$750 lifetime maximum

^{*} Bridges, dentures and implants will be covered after 12 months of continuous participation in the plan.

Vision Benefits

VSP Administered by DeltaVision

Regular eye examinations can not only determine your need for corrective eyewear but also may detect general health problems in their earliest stages. Protection for the eyes should be a major concern to everyone.

Service	In-Network (any VSP provider)	Out-of-Network
Eye Exam once every 12 months	\$10 copay; covered in full	up to \$45
Digital Retinal Imaging once every 12 months	No more than a \$39 copay on routine retinal screening as an enhancement to a WellVision Exam	Not Covered
LENSES (once every 12 m	onths)	
Single Vision Lenses	\$10 copay; covered in full	up to \$30
Lined Bifocal Lenses	\$10 copay; covered in full	up to \$50
Lined Trifocal Lenses	\$10 copay; covered in full	up to \$65
Progressive Lenses	\$95-\$105 copay; covered in full	up to \$50
Frames once every 24 months	\$10 Copay; \$150 allowance for wide selection of frames 20% savings on amount over allowance \$80 Costco frame allowance	up to \$70
Contact Lenses once every 12 months	\$150 allowance for contacts; copay does not apply Contact lens exam (fitting and evaluation)	up to \$105
Laser Vision Correction	Discounted services	Not Covered

2025 COBRA Cost Chart

PLANS	EMPLOYEE	EMPLOYEE & SPOUSE	EMPLOYEE & CHILDREN	EMPLOYEE, SPOUSE CHILDREN
Traditional Plan	\$764.19	\$1,604.82	\$1,413.77	\$2,216.17
HDHP with Copay	\$651.57	\$1,368.30	\$,205.41	\$1,889.55
HDHP with HSA	\$601.96	\$1,264.14	\$1,113.65	\$1,745.71
Dental	\$29.13	\$54.96	\$68.76	\$110.11
Vision	\$6.23	\$12.46	\$13.34	\$21.32

What You Need To Do

WHEN	WHAT	ном
S	Update your address and phone number on file.	Call YBR Customer Service at (888.438.9271)
BEFORE ANNUAL ENROLLMENT BEGINS	Locate or reset Your Benefits Resources™ User ID or Password.	 Connect to ybr.com/ryman. Select Forgot User ID or Password. Enter the last four digits of your SSN and your date of birth. Follow the on-screen prompts.
BEF	Update your email address in the Your Benefits Resources™ system.	Visit ybr.com/ryman and click on Your Profile, then Personal Information and enter or update your email address.
ANNU	Review 2025 enrollment information.	Visit ybr.com/ryman and click on Plan Documents to review your Summary Plan Descriptions
DURING ANNUAL ENROLLMENT November 4-20	Review your benefit options and make any desired changes. If you do not enroll during annual enrollment, your current COBRA elections for medical/prescription, dental and vision will carry over to 2025.	To enroll for benefits an/or update beneficiary information: Log on to ybr.com/ryman. This site is available 24/7. Call YBR Customer Service at 888.438.9271, Monday through Friday from 8 am to 9 pm EST. Important Reminder: You will need your YBR User ID and Password to enroll in or make changes to your benefits. If you don't have your User ID, have your SSN handy.
A PENT	Make changes to your benefits if you experience a qualified status change.	Contact Your Benefits Resources™ within 31 days of the event at 888.438.9271.
AFTE ANNUAL ENROLLMEN ENDS	Take advantage of your preventive benefits. Live Well! Take an active role in managing your health everyday.	Schedule a doctor's appointment. Ask your doctor about recommended preventive care.

It's Easy to Make Your Premium Payments

Option 1: Pay Now	Option 2: Monthly Debit	Option 3: Pay by Mail
your payments online, 24 hours a day, seven days a week. To access Pay Now: Log on to ybr.com/ryman. Select the Health Insurance Tab	Set up a recurring monthly debit from your checking or savings account for our premium payments. If you sign up for Monthly Debit, your monthly premium payment will automatically be deducted on the date that it is due. Keep an eye on your account	If you would like to send your payments by mail, send a check or money order payable to Ryman Hospitality Properties to: Ryman Hospitality Properties P.O. Box 1083
 Click on Billing Information Begin your transaction by clicking on Pay Now. You will receive an email confirmation of your payment. 	to ensure that there are sufficient funds in your account to cover these payments. To enroll in Monthly Debit, call the Your Benefits Resources™ Customer Service Center at 888.GET.YBR1 . If you later want to cancel the recurring monthly debit option, call the Customer Service Center.	Carol Stream, IL 60132-1083 Please allow 7 to 10 business days for mailing and processing when sending your payment. Remember all premium payments are due on the first day of each month Late payments may cause your benefits to be canceled.

Important Legal Notices & Summary Annual Reports

Premium Assistance Under Medicaid and the Children's Health Insurance Program (CHIP)

If you or your children are eligible for Medicaid or CHIP and you are eligible for health coverage from your employer, your State may have a premium assistance program that can help pay for coverage. These States use funds from their Medicaid or CHIP programs to help people who are eligible for these programs, but also have access to health insurance through their employer. If you or your children are not eligible for Medicaid or CHIP, you will not be eligible for these premium assistance programs.

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed, you can contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, you can contact your State Medicaid or CHIP office or dial **877.KIDS.NOW** or **www.insurekidsnow.gov** to find out how to apply. If you qualify, you can ask the State if it has a program that might help you pay the premiums for an employer sponsored plan.

Once it is determined that you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must permit you to enroll in your employer plan if you are not already enrolled. This is called a "special enrollment" opportunity and you must request coverage within 60 days of being determined eligible for premium assistance. If you have questions about enrolling in your employer plan, you can contact the Department of Labor electronically at www.askebsa.dol.gov or by calling toll-free 866.444.EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of July 31, 2021. Contact your state for more information on eligibility.

To see if any other states have added a premium assistance program since July 31, 2021, or for more information on special enrollment rights, contact either:

U.S. Department of Labor

Employee Benefits Security Administration www.dol.gov/agencies/ebsa 866.444.EBSA (3272)

U.S. Department of Health and Human Services

Centers for Medicare & Medicaid Services www.cms.hhs.gov

877.267.2323, Menu Option 4, Ext. 61565

Special Enrollment Rights

If you decline enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in the Ryman Hospitality Properties Inc. Employee Health and Welfare Plan, if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). You must request enrollment within 31 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

Also, if you have a new dependent as a result of marriage, birth, adoption or placement for adoption, you may be able to enroll yourself and your dependents in the Ryman Hospitality Properties, Inc. Employee Health and Welfare Plan. You must request enrollment within 31 days after the marriage, birth, adoption or placement for adoption.

The plan also will allow a special enrollment opportunity if you or your eligible dependents either:

- Lose Medicaid or Children's Health Insurance Program (CHIP) coverage because you are no longer eligible, or
- Become eligible for a state's premium assistance program under Medicaid or CHIP.

For these enrollment opportunities, you will have 60 days-instead of 31-from the date of the Medicaid/ CHIP eligibility change to request enrollment in the plan. Note that this 60-day extension doesn't apply to enrollment opportunities other than the Medicaid/ CHIP eligibility change.

To request special enrollment or learn more, contact **Your Benefits Resources™ (YBR)** at **888.GET.YBR1**.
You also can log on to YBR at **www.ybr.com/ryman**. Note that
you will be required to submit
documentation related to the special
enrollment event.

Patient Protection

The Ryman Hospitality Properties, Inc. Employee Health and Welfare Plan generally allows the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you and your family members. For information on how to select a primary care provider, and for a list of participating primary care providers, contact UMR at 800.207.3172. You also can log on to umr.com. For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from the Ryman Hospitality Properties, Inc. Employee Health and Welfare Plan or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a healthcare professional in our network who specializes in obstetric or gynecology. The healthcare professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, follow a pre-approved treatment plan, or procedures for making referrals. For a list of participating healthcare professional who specialize in obstetrics or gynecology, contact UMR at **800.807.3172**. You also can log on to umr.com.

Health Insurance Portability and Accountability Act (HIPAA)

Notice of Privacy Practices for Protected Health Information

We respect your privacy! The Ryman Hospitality Properties Employee Health and Welfare Plan Privacy Notice describes how protected health information about you may be used or disclosed and how you can obtain access to your protected health information. To view the HIPAA Privacy notice, go to www.ybr.com/ryman, Plan Documents. To request a printed copy of your HIPAA rights, please contact your HR office.

Mastectomy-Related Benefits

The Women's Health and Cancer Rights Act of 1998 requires medical plans that offer mastectomy benefits to also provide coverage for reconstructive surgery. Our medical plans provide benefits for mastectomy-related services, including reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy (including lymphedema). For details about the mastectomyrelated services available under your healthcare option, refer to the Plan Overview and Administrative booklet of the Ryman Hospitality Properties Inc. Employee Health and Welfare Plan Summary Plan Description (SPD) at www.ybr.com/ryman, Plan Documents.

Summary Annual Report for Ryman Hospitality Properties, Inc. Employee Health and Welfare Plan

This is a summary of the annual report of the Ryman Hospitality Properties, Inc. Employee Health and Welfare Plan, EIN 73-0664379, Plan No. 507, for period January 1, 2023 through December 31, 2023. The annual report has been filed with the Employee Benefits Security Administration, U.S. Department of Labor, as required under the Employee Retirement Income Security Act of 1974 (ERISA

Insurance Information

The plan has contracts with Aetna Behavioral Health, LLC, Life Insurance Company of North America and Delta Dental of Tennessee to pay Dental, Vision, Life Insurance, Short-term Disability, Longterm Disability, Accidental Death and Dismemberment, Employee Assistance Program and Business Travel Accident claims incurred under the terms of the plan. The total premiums paid for the plan year ending 12/31/2023 were \$1,026,701.

Your Rights to Additional Information

You have the right to receive a copy of the full annual report, or any part thereof, on request. The items listed below are included in that report:

 Insurance information, including sales commissions paid by insurance carriers;

To obtain a copy of the full annual report, or any part thereof, write or call the office of Ryman Hospitality Properties, Inc., Plan Administrator at One Gaylord Drive, Nashville, TN 37214, or by telephone at (615) 316-6000.

You also have the right to receive from the plan administrator, on request and at no charge, a statement of the assets and liabilities of the plan and accompanying notes, or a statement of income and expenses of the plan and accompanying notes,

or both. If you request a copy of the full annual report from the plan administrator, these two statements and accompanying notes will be included as part of that report. The charge to cover copying costs given above does not include a charge for the copying of these portions of the report because these portions are furnished without charge.

You also have the legally protected right to examine the annual report at the main office of the plan (Ryman Hospitality Properties, Inc., One Gaylord Drive, Nashville, TN 37214) and at the U.S. Department of Labor in Washington, D.C., or to obtain a copy from the U.S. Department of Labor upon payment of copying costs. Requests to the Department should be addressed to: Public Disclosure Room, Room N1513, Employee Benefits Security Administration, U.S. Department of Labor, 200 Constitution Avenue, N.W., Washington, D.C. 20210.

Contact Information

If you have specific questions about a benefit plan, please contact the administrator listed below, or your human resources department.

Benefit	Administrator	Phone	Website/Email
Medical	UMR	800.207.3172	umr.com
Prescription Drug Coverage	OptumRx	800.368.0699	optumrx.com
Dental	Delta Dental of TN	800.223.3104	detladentaltn.com
Vision	VSP	800.877.7195	vsp.com
COBRA	Your Benefits Resources (YBR)	888.438.9271	ybr.com/ryman



This document is an outline of the coverage provided under your employer's benefit plans based on information provided by your company. It does not include all the terms, coverage, exclusions, limitations, and conditions contained in the official Plan Document, applicable insurance policies and contracts (collectively, the "plan documents"). The plan documents themselves must be read for those details. The intent of this document is to provide you with general information about your employer's benefit plans. It does not necessarily address all the specific issues which may be applicable to you. It should not be construed as, nor is it intended to provide, legal advice. To the extent that any of the information contained in this document is inconsistent with the plan documents, the provisions set forth in the plan documents will govern in all cases. If you wish to review the plan documents or you have questions regarding specific issues or plan provisions, you should contact your Human Resources/Benefits Department.