



## FBISD FITNESS CLASSES



### **Aquatic Practice Facility Mondays at 5:00 pm**

16701 Bissonnet St.  
Houston TX, 77083



### **Don Cook Natatorium Thursday at 5:00 pm**

16255 Lexington Blvd,  
Sugarland TX 77479



### **Aquatic Practice Facility Fridays at 11:00 am**

16701 Bissonnet St.  
Houston TX, 77083

Participants are unable to use the locker rooms  
but will have access to the lobby bathrooms to  
utilize before and after class.

## Join us today!

LEARN MORE ABOUT FBISD WELLNESS  
[HTTPS://FLIMP.LIVE/FBISD-EMPLOYEE-  
RESOURCE-CENTER](https://flimp.live/fbisd-employee-resource-center)