

## **FBISD Employee Benefits & Wellness**

## **DID YOU KNOW?**

Fort Bend ISD offers various zero-cost health and wellness benefits to employees and dependents enrolled in an FBISD medical plan?

## Offering zero-cost benefits has several meaningful advantages:

- 1. Improves Physical and Mental Health
- 2. **Eases** Financial Pressure
- 3. **Reduces** Absenteeism
- 4. **Boosts** Employee Morale & Satisfaction

## The Fort Bend ISD Employee Benefits & Wellness Program offers FREE:

- Virtual Visits
- Annual Physicals and Well Checks
- Diabetic Monitors, Supplies, and Medications (select items)
- Preventive Medications (select items)
- Non-Emergent Surgery Benefit (free elected surgeries)
- Personal EAP Counseling and Employee Assistance Program
- Fitness Classes (Aquatics, Open Swim, Yoga, Line Dancing)
- Real Appeal Weight Management
- \$25,000 in Employee Basic Life and AD&D Benefits

Fort Bend ISD is committed to creating a more positive and productive learning environment. Healthy and less stressed educators directly benefit students as well!

Stay informed and connected with the FBISD LiveWell App!



**Download Your** FBISD LiveWell **App Today!** 

Available to ALL FBISD Employees







