



Welcome to healthcare
virtually anywhere

Sign in online to get started.



patient.memd.me
True Blue

Visit Fee: \$67 (Urgent Care)
\$85 (Talk Therapy)
\$229 / \$99 (Initial Psychiatry / Follow-Up)



Your MeMD Plan Includes:



Urgent Care

Adults and children can be treated 24/7 for routine health issues, such as cold and flu.



Talk Therapy (18+)

Speak with a licensed therapist and get help in as few as 24 hours for common issues.



Psychiatry (18+)

Talk therapy, medications, psychosocial interventions and other treatments.

What

What's telehealth? A service that helps you to reach a medical provider or therapist by app, phone or online.

What's a visit fee? A fixed amount that you owe at the time of your visit. Review your member card to see yours.

Who

Who can use the service? MeMD is available to you, your spouse/domestic partner, and children up to the age of 26.

Who will I see? Medical care is provided by our US-licensed and board-certified physicians, physician assistants and nurse practitioners. Licensed therapists provide talk therapy, while psychiatrists or psychiatric nurse practitioners provide psychiatry sessions.

When

When should I use telehealth? When you need medical attention for a minor health concern anytime, day or night, at home or when traveling — or when facing an emotional or mental setback, we provide a convenient, discreet way to get help on your schedule.

When can I use MeMD? Medical care is available 24/7 - 365, and therapy visits can be scheduled in as few as 24 hours.

How

How do I save more money? MeMD provides a convenient and less expensive alternative to costly ER and urgent care visits, as well as access to more affordable therapy sessions.



Where

Where can I use telehealth? Nationwide - from the privacy of your own home or office, online, over the phone, or by app.

Register online to start using your MeMD benefits:

- Request a visit with a MeMD provider 24/7/365, review past exams, schedule a behavioral health session, and when medically necessary, have prescriptions sent to your local pharmacy.
- After activating your account online, download the MeMD App on your Apple or Android device to view your plan details and get care right when you need it: go.memd.me/app

*Psychiatry providers can write prescriptions when necessary and in compliance with MeMD's prescription policy. MeMD's licensed therapists do not provide prescriptions.