

# Weight Management Prior Authorization with Quantity Limit Program Summary

#### POLICY REVIEW CYCLE

Effective Date 07-15-2024

Date of Origin 02-15-2024

#### POLICY AGENT SUMMARY PRIOR AUTHORIZATION

Target Brand Agent(s)	Target Generic Agent(s)	Strength	Targeted MSC	Available MSC	Final Age Limit	Preferred Status
Saxenda	liraglutide (weight mngmt) soln pen-inj	18 MG/3ML	M;N;O;Y	N		
Wegovy	semaglutide (weight mngmt) soln auto-injector	0.25 MG/0.5ML ; 0.5 MG/0.5ML ; 1 MG/0.5ML; 1.7 MG/0.75ML ; 2.4 MG/0.75ML	, , ,	N		
Zepbound	tirzepatide (weight mngmt) soln auto-injector	10 MG/0.5ML; 12.5 MG/0.5ML; 15 MG/0.5ML; 2.5 MG/0.5ML; 5 MG/0.5ML; 7.5 MG/0.5ML	M;N;O;Y	N		

#### POLICY AGENT SUMMARY QUANTITY LIMIT

Target Brand Agent Name(s)	Target Generic Agent Name(s)	Strengt h	QL Amount	Dose Form	Day Supply	Duratio n	Addtl QL Info	Allowed Exceptions	Targete d NDCs When Exclusi ons Exist
Saxenda	Liraglutide (Weight Mngmt) Soln Pen-Inj 18 MG/3ML (6 MG/ML)	18 MG/3ML	15	mLs	30	DAYS			
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	0.25 MG/0.5 ML	8	Pens	180	DAYS	*This strength is not approvable for maintenance dosing		
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	0.5 MG/0.5 ML	8	Pens	180	DAYS	*This strength is not approvable for maintenance dosing		
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	1 MG/0.5 ML	8	Pens	180	DAYS	*This strength is not approvable for		

Target Brand Agent Name(s)	Target Generic Agent Name(s)	Strengt h	QL Amount	Dose Form	Day Supply	Duratio n	Addtl QL Info	Allowed Exceptions	Targete d NDCs When Exclusi ons Exist
							maintenance dosing		
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	1.7 MG/0.75 ML	4	Pens	28	DAYS			
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	2.4 MG/0.75 ML	4	Pens	28	DAYS			
Zepbound	tirzepatide (weight mngmt) soln auto- injector	2.5 MG/0.5 ML	4	Pens	180	DAYS	*This strength is not approvable for maintenance dosing		
Zepbound	tirzepatide (weight mngmt) soln auto- injector	5 MG/0.5 ML	4	Pens	28	DAYS			
Zepbound	tirzepatide (weight mngmt) soln auto- injector	7.5 MG/0.5 ML	4	Pens	28	DAYS			
Zepbound	tirzepatide (weight mngmt) soln auto- injector	10 MG/0.5 ML	4	Pens	28	DAYS			
Zepbound	tirzepatide (weight mngmt) soln auto- injector	12.5 MG/0.5 ML	4	Pens	28	DAYS			
Zepbound	tirzepatide (weight mngmt) soln auto- injector	15 MG/0.5 ML	4	Pens	28	DAYS			

## ADDITIONAL QUANTITY LIMIT INFORMATION

Wildcard	Target Brand Agent Name(s)	Target Generic Agent Name(s)		Additional QL Information	Targete d NDCs When Exclusi ons Exist	Effectiv e Date	Term Date
6125207000D5 20	Wegovy	Semaglutide (Weight Mngmt) Soln Auto-Injector	0.25 MG/0.5 ML	*This strength is not approvable for maintenance dosing			
6125207000D5 25	Wegovy	Semaglutide (Weight Mngmt) Soln Auto-Injector	0.5 MG/0.5 ML	*This strength is not approvable for maintenance dosing			
6125207000D5 30	Wegovy	Semaglutide (Weight Mngmt) Soln Auto-Injector	1 MG/0.5 ML	*This strength is not approvable for maintenance dosing			
6125258000D5 20	Zepbound	tirzepatide (weight mngmt) soln auto-injector	2.5 MG/0.5 ML	*This strength is not approvable for maintenance dosing			

## <u>CLIENT SUMMARY - PRIOR AUTHORIZATION</u>

Target Brand Agent Name(s)	Target Generic Agent Name(s)	Strength	Client Formulary
Saxenda	liraglutide (weight mngmt) soln pen-inj	,	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025;

Target Brand Agent Name(s)	Target Generic Agent Name(s)	Strength	Client Formulary
			Performance ; Performance Annual ; Performance Select
Wegovy	semaglutide (weight mngmt) soln auto- injector	0.25 MG/0.5ML; 0.5 MG/0.5ML; 1 MG/0.5ML; 1.7 MG/0.75ML; MG/0.75ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Zepbound	tirzepatide (weight mngmt) soln auto- injector	10 MG/0.5ML ; 12.5 MG/0.5ML ; 15 MG/0.5ML ; 2.5 MG/0.5ML ; 5 MG/0.5ML ; 7.5 MG/0.5ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select

## **CLIENT SUMMARY - QUANTITY LIMITS**

Target Brand Agent Name(s)	Target Generic Agent Name(s)	Strength	Client Formulary
Saxenda	Liraglutide (Weight Mngmt) Soln Pen-Inj 18 MG/3ML (6 MG/ML)	18 MG/3ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	1.7 MG/0.75ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	0.5 MG/0.5ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	2.4 MG/0.75ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	1 MG/0.5ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Wegovy	Semaglutide (Weight Mngmt) Soln Auto- Injector	0.25 MG/0.5ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Zepbound	tirzepatide (weight mngmt) soln auto- injector	2.5 MG/0.5ML	Balanced ; Basic ; Basic Annual ; Enhanced ; Enhanced Annual ; HIM

Target Brand Agent Name(s)	Target Generic Agent Name(s)	Strength	Client Formulary
			Annual 2023 ; HIM Annual 2024 ; HIM Annual 2025 ; Performance ; Performance Annual ; Performance Select
Zepbound	tirzepatide (weight mngmt) soln auto- injector	15 MG/0.5ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Zepbound	tirzepatide (weight mngmt) soln auto- injector	7.5 MG/0.5ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Select
Zepbound	tirzepatide (weight mngmt) soln auto- injector	5 MG/0.5ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Zepbound	tirzepatide (weight mngmt) soln auto- injector	12.5 MG/0.5ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Annual; Performance Select
Zepbound	tirzepatide (weight mngmt) soln auto- injector	10 MG/0.5ML	Balanced; Basic; Basic Annual; Enhanced; Enhanced Annual; HIM Annual 2023; HIM Annual 2024; HIM Annual 2025; Performance; Performance Select

## QUANTITY LIMIT CLINICAL CRITERIA FOR APPROVAL

Module	Clinical Criteria for Approval
	Quantity limit for the Target Agent(s) will be approved when ONE of the following is met:
	<ol> <li>The requested quantity (dose) does NOT exceed the program quantity limit OR</li> <li>The requested quantity (dose) exceeds the program quantity limit AND ONE of the following:         <ol> <li>BOTH of the following:                      <ol> <li>The requested agent does NOT have a maximum FDA labeled dose for the requested indication AND</li> <li>There is support for therapy with a higher dose for the requested indication OR</li> </ol> </li> <li>BOTH of the following:</li></ol></li></ol>

Module	Clinical Criteria for Approval
	<ol><li>There is support for therapy with a higher dose for the requested indication</li></ol>
	Length of Approval:
	BCBSIL FI & HIM: 12 months
	ALL other plans (including BCBSIL ASO):
	<ul> <li>Initial Approval:         <ul> <li>For Wegovy, Zepbound: 12 months</li> <li>For Saxenda: Pediatric patients (age 12 to less than 18): 5 months;</li> <li>Adults: 4 months</li> </ul> </li> <li>Renewal Approval: 12 months</li> </ul>

#### PRIOR AUTHORIZATION CLINICAL CRITERIA FOR APPROVAL

	AUTHORIZATION CLINICAL CRITERIA FOR APPROVAL						
Module	Clinical Criteria for Approval						
	Initial Evaluation						
	Target Agent(s) will be approved when ALL the following are met:						
	1. ONE of the following:						
	A. The requested use is to reduce the risk of major adverse cardiovascular events						
	(cardiovascular death, non-fatal myocardial infarction, or non-fatal stroke) in						
	adults with established cardiovascular disease and the patient is either obese or						
	overweight AND ALL of the following:						
	1. The requested agent is FDA labeled for the requested indication and route						
	of administration <b>AND</b>						
	<ol> <li>The patient has a history of ONE of the following:</li> <li>A. Myocardial infarction <b>OR</b></li> </ol>						
	B. Stroke <b>OR</b>						
	C. Peripheral artery disease as defined by intermittent claudication						
	with ankle-brachial index less than 0.85 at rest, or peripheral						
	arterial revascularization procedure, or amputation due to						
	atherosclerotic disease AND						
	3. The patient has a pretreatment BMI greater than or equal to 27						
	kg/m^2 <b>AND</b>						
	4. The patient will use optimized pharmacotherapy for established						
	cardiovascular disease in combination with the requested agent <b>OR</b>						
	B. The patient is overweight or obese and is using the requested agent for weight						
	management and ALL of the following:  1. The patient is new to therapy, new to Prime, or attempting a repeat						
	weight loss course of therapy <b>AND</b>						
	2. ONE of the following:						
	A. The patient is 17 years of age or over and has ONE of the						
	following:						
	1. A pretreatment BMI greater than or equal to 30						
	kg/m^2 <b>OR</b>						
	2. A pretreatment BMI greater than or equal to 25 kg/m^2 if						
	the patient is of South Asian, Southeast Asian, or East						
	Asian descent <b>OR</b>						
	3. A pretreatment BMI greater than or equal to 27 kg/m^2						
	with at least one weight-related comorbidity/risk						
	factor/complication (e.g., hypertension, type 2 diabetes mellitus, obstructive sleep apnea, cardiovascular						
	disease, dyslipidemia) <b>OR</b>						
	B. The patient is 12 to 16 years of age and has ONE of the following:						
	1. A pretreatment BMI greater than or equal to 95th						
	percentile for age and sex <b>OR</b>						

Module	Clinical Criteria for Approval
	2. A pretreatment BMI greater than or equal to 30
	kg/m^2 <b>OR</b> 3. A pretreatment BMI greater than or equal to 85th
	percentile for age and sex AND at least one severe
	weight-related comorbidity/risk factor/complication <b>AND</b>
	3. The patient has been on and had an inadequate response to a weight loss regimen of a low-calorie diet, increased physical activity, and behavioral
	modifications for a minimum of 6 months prior to initiating therapy <b>AND</b>
	4. If the requested agent is Saxenda, then ONE of the following:
	A. The patient is 18 years of age or over and ONE of the following:
	<ol> <li>The patient is newly starting therapy <b>OR</b></li> <li>The patient is currently being treated and has received</li> </ol>
	less than 16 weeks (4 months) of therapy <b>OR</b>
	3. The patient has achieved and maintained a weight loss of
	greater than or equal to 4% from baseline (prior to initiation of pharmacotherapy) <b>OR</b>
	B. The patient is pediatric (12 to less than 18 years of age)
	AND BOTH of the following:
	1. The requested agent is NOT being used to treat type 2 diabetes <b>AND</b>
	2. ONE of the following:
	A. The patient is newly starting therapy <b>OR</b>
	B. The patient is currently being treated and has received less than 20 weeks (5 months) of
	therapy <b>OR</b>
	C. The patient has achieved and maintained a
	reduction in BMI of greater than or equal to 1% from baseline (prior to initiation of
	pharmacotherapy) <b>AND</b>
	5. If the requested agent is Wegovy, then ONE of the following:
	A. The patient is newly starting therapy <b>OR</b> B. The patient is currently being treated and has received less than
	52 weeks (1 year) of therapy <b>OR</b>
	C. The patient is an adult AND has achieved and maintained a
	weight loss of greater than or equal to 5% from baseline (prior to initiation of pharmacotherapy) <b>OR</b>
	D. The patient is pediatric (12 to less than 18 years of age) AND has
	achieved and maintained a reduction in BMI of at least 5% from
	baseline (prior to initiation of pharmacotherapy) <b>AND</b> 6. If the requested agent is Zepbound, then ONE of the following:
	A. The patient is newly starting therapy <b>OR</b>
	B. The patient is currently being treated and has received less than
	52 weeks (1 year) of therapy <b>OR</b> C. The patient has achieved and maintained a weight loss of greater
	than or equal to 5% from baseline (prior to initiation of
	pharmacotherapy) <b>OR</b>
	<ul> <li>The patient has another FDA labeled indication for the requested agent and route of administration AND</li> </ul>
	2. The patient will NOT be using the requested agent in combination with another weight
	loss agent (e.g., Contrave, phentermine, Qsymia, Xenical) for the requested
	indication <b>AND</b> 3. BOTH of the following:
	A. The patient is currently on a weight loss regimen of a low-calorie diet, increased
	physical activity, and behavioral modifications AND
	<ul> <li>B. The patient will continue the weight loss regimen in combination with the requested agent AND</li> </ul>
	4. If the patient has an FDA labeled indication, then ONE of the following:
	A. The patient's age is within FDA labeling for the requested indication for the
	requested agent <b>OR</b> There is support for using the requested agent for the nationt's age for the
	<ul> <li>B. There is support for using the requested agent for the patient's age for the requested indication AND</li> </ul>
L	<u>'</u>

Module	Clinical Criteria for Approval
110000	5. The patient will NOT be using the requested agent in combination with another GLP-1
	receptor agonist agent AND
	6. The patient does NOT have any FDA labeled contraindications to the requested agent
	Length of Approval:
	PCRCIL ET 9. HIM: 12 months
	<ul> <li>BCBSIL FI &amp; HIM: 12 months</li> <li>ALL other plans (including BCBSIL ASO):</li> </ul>
	o For Wegovy, Zepbound: 12 months
	o For Saxenda: Pediatric patients (age 12 to less than 18): 5 months; Adults: 4
	months
	NOTE: If Quantity Limit applies, please refer to Quantity Limit Criteria.
	Renewal Evaluation
	Target Agent(s) will be approved when ALL of the following are met:
	The patient has been previously approved for the requested agent through the plan's
	Prior Authorization process [Note: patients not previously approved for the requested
	agent will require initial evaluation review] AND
	2. ONE of the following:
	A. The requested use is to reduce the risk of major adverse cardiovascular events (cardiovascular death, non-fatal myocardial infarction, or non-fatal stroke) in
	adults with established cardiovascular disease AND BOTH of the following:
	The patient will use optimized pharmacotherapy for established
	cardiovascular disease in combination with the requested agent <b>AND</b> 2. The patient has had clinical benefit with the requested agent <b>OR</b>
	B. The patient has had clinical benefit with the requested agent <b>or</b> B. The patient is overweight or obese and is using the requested agent for weight
	management and ALL of the following:
	1. The patient is continuing a current weight loss course of therapy <b>AND</b>
	<ol> <li>If the patient is 12 to less than 18 years of age, then the current BMI is greater than 85th percentile for age and sex AND</li> </ol>
	3. If the requested agent is Saxenda, then BOTH of the following:
	A. The requested agent is NOT being used to treat type 2
	diabetes <b>AND</b> B. ONE of the following:
	1. The patient has achieved and maintained a weight loss
	greater than or equal to 5% from baseline (prior to
	initiation of pharmacotherapy) <b>OR</b> The nationt is 18 years of age or ever AND has achieved
	2. The patient is 18 years of age or over AND has achieved and maintained a weight loss greater than or equal to 4%
	from baseline (prior to initiation of pharmacotherapy) <b>OR</b>
	3. The patient is pediatric (12 to less than 18 years of age)
	AND has achieved and maintained a reduction in BMI of greater than or equal to 1% from baseline (prior to
	initiation of pharmacotherapy) <b>AND</b>
	4. If the requested agent is Wegovy, then ONE of the following:
	A. The patient has achieved and maintained a weight loss greater
	than or equal to 5% from baseline (prior to initiation of pharmacotherapy) <b>OR</b>
	B. The patient is 12 years of age and over AND has received less
	than 52 weeks of therapy on the maximum-tolerated dose <b>OR</b>
	C. The patient is pediatric (12 to less than 18 years of age) AND has achieved and maintained a reduction in BMI of at least 5% from
	baseline (prior to initiation of pharmacotherapy) <b>AND</b>
	5. If the requested agent is Zepbound, then ONE of the following:

Module	Clinical Criteria for Approval
	A. The patient has achieved and maintained a weight loss greater than or equal to 5% from baseline (prior to initiation of pharmacotherapy) <b>OR</b> B. The patient has received less than 52 weeks of therapy on the
	maximum-tolerated dose <b>OR</b>
	C. The patient has another FDA labeled indication for the requested agent and route of administration AND has had clinical benefit with the requested agent <b>AND</b>
	<ol> <li>The patient will NOT be using the requested agent in combination with another weight loss agent (e.g., Contrave, phentermine, Qsymia, Xenical) for the requested indication AND</li> </ol>
	4. BOTH of the following:
	<ul> <li>A. The patient is currently on a weight loss regimen of a low-calorie diet, increased physical activity, and behavioral modifications AND</li> </ul>
	B. The patient will continue the weight loss regimen in combination with the requested agent <b>AND</b>
	5. The patient will NOT be using the requested agent in combination with another GLP-1 receptor agonist agent <b>AND</b>
	6. The patient does NOT have any FDA labeled contraindications to the requested agent
	Length of Approval: 12 months
	NOTE: If Quantity Limit applies, please refer to Quantity Limit Criteria