

## CareFirst BlueChoice Advantage CDHP

Following is a brief summary of your prescription benefits. Your annual deductible is \$2,000 for an individual or \$4,000 for a family. **Until this deductible amount is met, you will pay 100% of your prescriptions.** On the back side, you will find details about Maintenance Choice, which offers two ways for you to save on your long-term medications.

CVS Caremark and Georgetown University are confident you will find value with your prescription benefit program. If you have any questions about your prescription plan or costs, call us at 1-844-256-0030. We can help any time after your plan starts. For TDD assistance, please call 1-800-863-8488.

	<b>Short-Term Medicines</b> CVS Caremark Retail Pharmacy Network (Up to a 30-day supply)	<b>Long-Term Medicines</b> CVS Caremark Mail Service or CVS, Kroger or Costco Pharmacy locations (up to a 90- day supply)
<b>Generic Medicines</b> Always ask your doctor if there's a generic option available. It could save you money.	<b>\$10</b> for a generic medicine	<b>\$20</b> for a generic medicine
<b>Preferred Brand-Name Medicines</b> If a generic is not available or appropriate, ask your doctor to prescribe from your plan's preferred drug list.	<b>\$30</b> for a preferred brand-name medicine	<b>\$60</b> for a preferred brand-name medicine
<b>Non-Preferred Brand-Name Medicines</b> Drugs that aren't on your plan's preferred list will cost more.	<b>\$50</b> for a non-preferred brand-name medicine	<b>\$100</b> for a non-preferred brand-name medicine
<b>Specialty Medications</b>	Specialty Medicines are limited to a 30-day supply at retail. Visit <a href="http://CVSSpecialty.com">CVSSpecialty.com</a> to get started	
<b>Annual Deductible</b>	\$2,000/\$4,000 per family (combined with medical)	
<b>Maximum Out-of-Pocket</b>	\$6,000/\$12,000 per family (combined with medical)	
<b>Preventive Drug List</b>	Your plan comes with a Preventive Drug List. Medications on this list are not subject to your deductible. You will only pay the applicable copay/coinsurance for medications on this list. You can access your Preventive Drug List on <a href="http://Caremark.com">Caremark.com</a>	

Copayment, copay or coinsurance means the amount a plan member is required to pay for a prescription in accordance with a Plan which may be a deductible, a percentage of the prescription price, a fixed amount or other charge, with the balance, if any, paid by a Plan. Your feedback is important as it helps us improve our service. Please contact us with any questions or concerns at 1-844-256-0030. Your privacy is important to us. Our employees are trained regarding the appropriate way to handle private health information.

# Use Maintenance Choice to Fill Your Long-Term Medications

Maintenance Choice offers you choice and savings when it comes to filling long-term prescriptions. Now you have **two ways to save**:

## CVS Caremark Mail Service Pharmacy:

- Enjoy convenient home delivery
- Receive your medications in private, tamper-resistant and (when needed) temperature-controlled packaging
- Talk to a pharmacist by phone

## CVS/Kroger/Costco Pharmacy Locations:

- Pick up your medication at a time that is convenient for you
- Enjoy same-day prescription availability
- Talk with a pharmacist face-to-face

Plus, you can easily order refills and manage your prescriptions anytime at **caremark.com**.

## To Get Started

The following chart provides detailed steps to help you start enjoying all the benefits of Maintenance Choice.

IF YOU WOULD LIKE...	THEN...
To continue with mail service	Your existing prescriptions will transfer to CVS Caremark. We'll send your medications to your location of choice. To initiate your next refill: <ul style="list-style-type: none"><li>• Register or log into caremark.com; or</li><li>• Call Customer Care at 1-844-256-0030. We'll handle the rest.</li></ul>
To pick up at CVS/Kroger/Costco Pharmacy	Please let us know. You can do so quickly and easily. Choose the option that works best for you: <ul style="list-style-type: none"><li>• Register or log into caremark.com to select a pharmacy location for pick up</li><li>• Visit your local CVS/Kroger/Costco Pharmacy and talk to the pharmacist</li><li>• Call us toll-free using the number on the back of your Prescription Card, and we'll handle the rest</li></ul>
To sign up for mail service for the first time	You can do so easily online or by phone. <ul style="list-style-type: none"><li>• Register or log into caremark.com, select Request a new prescription</li><li>• Call Customer Care at 1-844-256-0030. We'll handle the rest</li></ul>
More information	Give us a call. Use the phone number on the back of your Prescription Card to call us toll-free.

Before you reach your 30-day fill limit and your out-of-pocket cost increases, we will contact you to help you get started with Maintenance Choice. We'll then help you get a 90-day prescription from your doctor so you can choose to fill it through mail service or at a CVS/Kroger/Costco Pharmacy location.