Aduro Support

1. Biometrics & Screenings

- How do I submit my health provider screening form, preventive screening form, or appeals form?
- How long does it take to process my health provider screening form, preventive screening form, or appeals form?
- I'm having trouble uploading my form
- Where can I find my health screening form, schedule an onsite screening, or find out about other health screening options?

How do I submit my health provider screening form, preventive screening form, or appeals form?

Depending on the requirements or available activities in your program, you might wish to submit a health provider screening form, a preventive health screening form, or an appeals form.

Check the top of your form for instructions on how to submit it. There may be a fax number available, but we recommend that you take a picture of your form with your mobile device, and upload it to us at the website shown on the form.

If your program includes spouse participation, please note that spouses should include their own personal or identifying information, and not the employee's, on any written or online forms.

Follow the steps below on your mobile device:

1. Open the web browser on your device, and go to the web address shown at the top of your form. **Do not use "www." in the address, or you will get an error.**

2. On the upload page, tap Select Form Type, and select the type of form you want to upload.

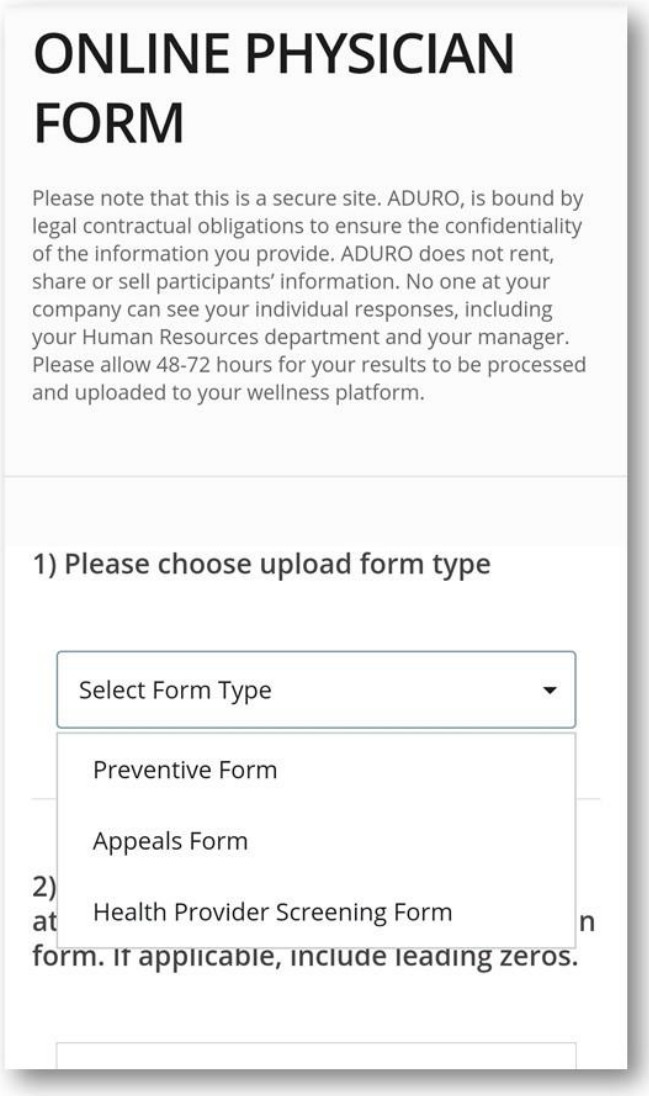
ONLINE PHYSICIAN FORM

Please note that this is a secure site. ADURO, is bound by legal contractual obligations to ensure the confidentiality of the information you provide. ADURO does not rent, share or sell participants' information. No one at your company can see your individual responses, including your Human Resources department and your manager. Please allow 48-72 hours for your results to be processed and uploaded to your wellness platform.

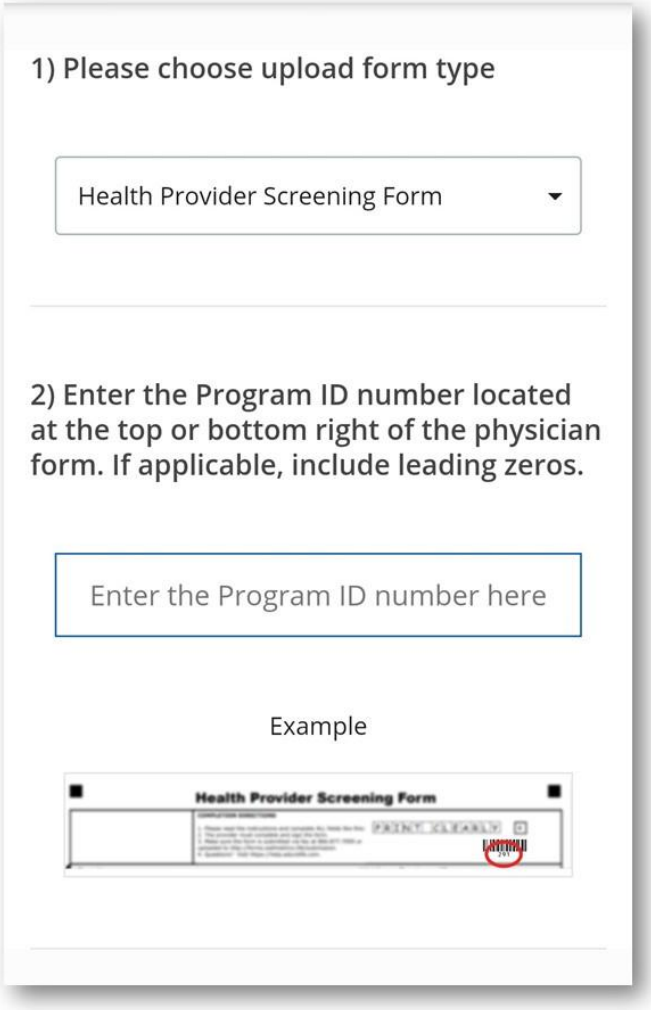
1) Please choose upload form type

Select Form Type

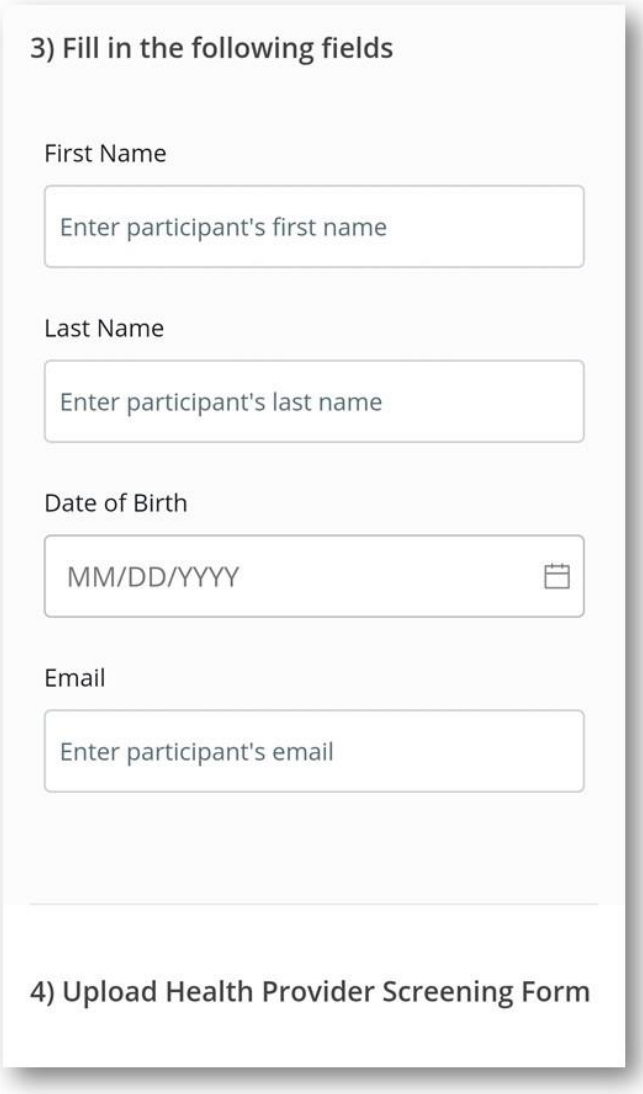
2) Enter the Program ID number located at the top or bottom right of the physician form. If applicable, include leading zeros.



3. Scroll down and enter the Program ID number located at the top right of the form, including any leading zeroes. If the number you enter is valid, a checkmark will appear next to it.

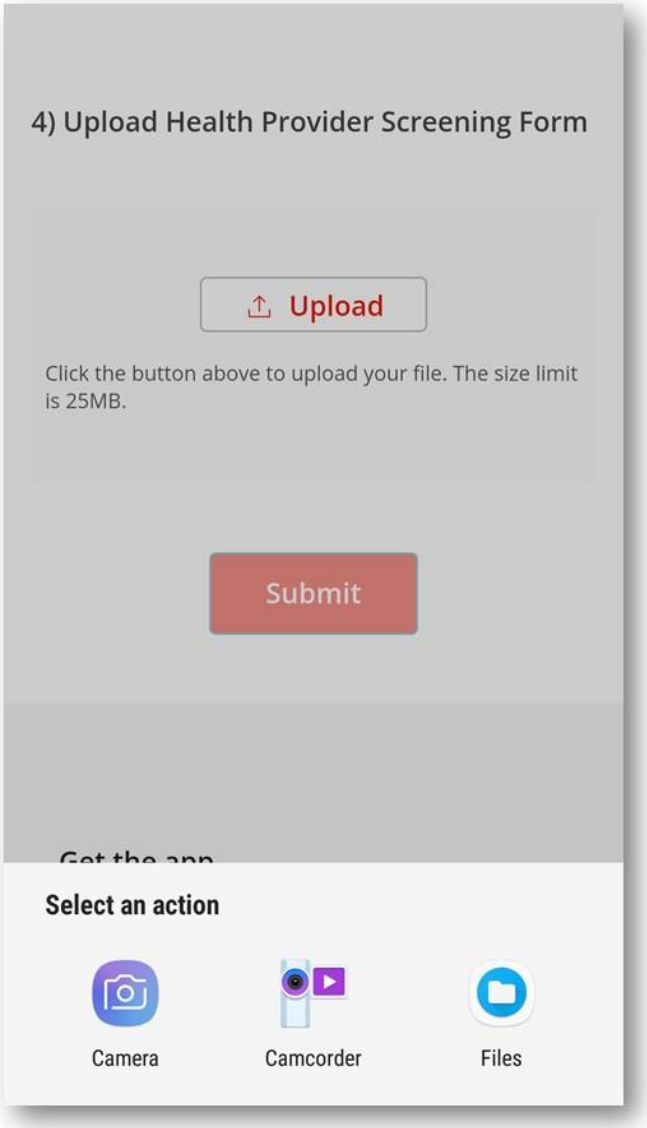


4. Scroll down and fill in your name, date of birth, and email address on your program account.

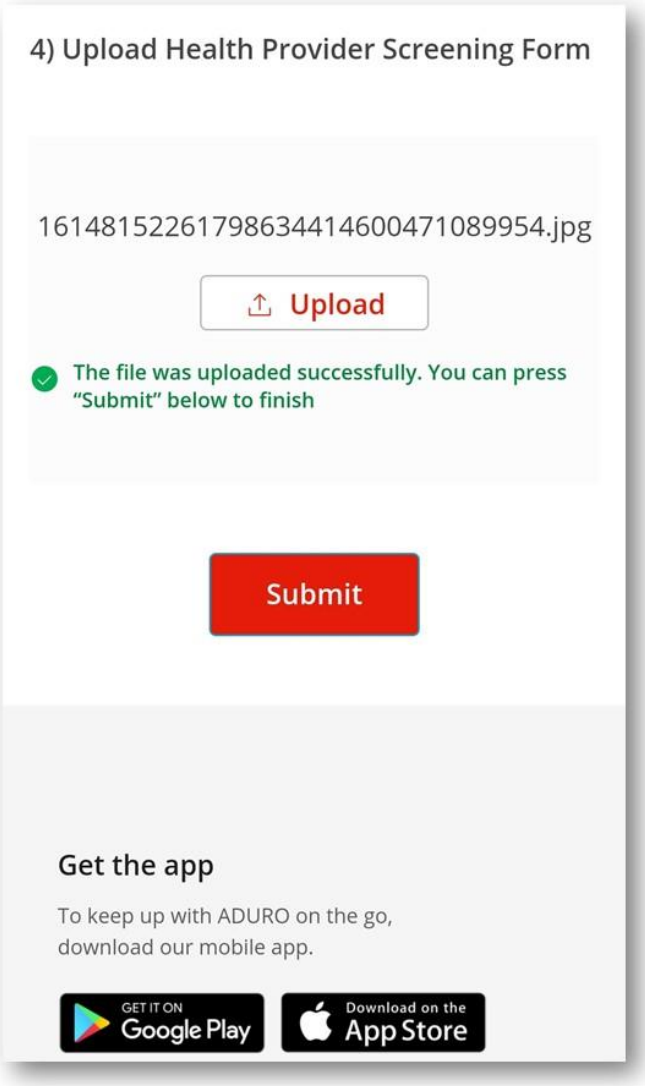


5. Scroll down, tap **Upload**, and then tap the **Camera** option and take a picture of your form. Be sure that it is framed very closely and is in focus.

If the picture looks good, tap **OK** or tap **Retry** to try again.



6. Tap **Submit** to upload the picture and send it to us.



You can also upload a picture using a computer or laptop, but using your mobile device is the easiest option.