

EAP Benefits Provided to All MAPMG Physicians, Staff and their dependents

The Employee Assistance Program (EAP) is available to help you with the short-term need for advice or counseling associated with life's challenges. Benefits include:

- 24-hour confidential access to EAP counselors at (855) 567-1371
- Unlimited access to EAP referral resources at www.mapmgliveandworkwell.com
- Up to 5 in-person counseling sessions per incident per year with an OptumHealth network clinician for you and your eligible family members
- Legal, financial and community resources also available

Behavioral Health Benefits Provided to All MAPMG Physicians, Staff and Their Eligible Dependents Enrolled in MAPMG's HMO Plan

For more extensive counseling, you can use your HMO benefits, an OptumHealth provider or an out-of-network provider.

Kaiser Signature HMO Benefits

- Out-patient therapy with a Kaiser Permanente clinician
- Copay equal to PCP copay
- No limit on visits per calendar year

OR

Optum Behavioral Health Benefits (In and Out of Optum Network)

- In network with an Optum network clinician - \$20 copay
- Out of network* - benefits pay 80% of plan allowance
- No limit on visits per calendar year — in or out of network

*Out of network claims are submitted online via www.mapmgliveandworkwell.com

855-567-1371

Or log on to

www.mapmgliveandworkwell.com