VirtualCheckup®

By Catapult Health

The checkup you can complete from home.

VirtualCheckup® is an easy at-home health screening that shows you where your health stands all without leaving home or rearranging your day. Even if you feel fine, some health issues don't show symptoms. **This quick checkup helps you catch things early and stay on top of your health.**



Register for your Home Kit

Scan the QR code to sign up.
Your Home Kit arrives in about a week.



Complete your health checkup

Follow the kit instructions and return your sample using the prepaid box.



Attend your virtual consultation

Review your results with a nurse practitioner in a short virtual visit and get personalized guidance.



Get rewarded!

Complete a VirtualCheckup to earn an insurance premium discount.



LEGACY

Register for your Home Kit by October 16th!

VirtualCheckup.com/Legacy

GOT QUESTIONS? Support is available M-F, 8am-5pm CT. Email support@VirtualCheckup.com, Call or Text 855-509-1211.

Complete a VirtualCheckup to earn an insurance premium discount.
VirtualCheckup is available at no cost to all team members, plus spouses who are enrolled in the Health Plan.