Chalk Mountain Holdings, LP: High Deductible Health Plan

Coverage for: Employee & Dependents | Plan Type: QHDHP PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-888-682-4269. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u> or other <u>underlined</u> terms see the Glossary. You may view the Glossary at healthcare.gov/sbc-glossary or call 1-888-682-4269 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Single Plan: \$4,000 employee Family Plan: \$4,000 person/\$8,000 family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. In-network <u>preventive services</u> are covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at healthcare.gov/coverage/preventive-care-benefits.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	Single Plan: \$6,000 employee Family Plan: \$6,000 person/\$12,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> is met.
What is not included in the out-of-pocket limit?	<u>Preauthorization</u> penalties, <u>premiums</u> , <u>balance-billing</u> charges and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-</u> <u>pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See hpiTPA.com or or or call 1-888-682-4269 for a list of network providers.	This <u>plan</u> uses a <u>provider network</u> . You pay less if you use a <u>provider</u> in the <u>plan's network</u> . You pay the most if you use an <u>out-of-network provider</u> and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance-billing</u> ). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You may see a <u>specialist</u> you choose without a <u>referral</u> .



# All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You Will Pay			
Common Medical Event	Services You May Need	Participating Physician Providers & Facilities	Non-Participating Facilities	Non-Participating Physician Providers	Limitations, Exceptions, & Other Important Information
		(You pay	the least)	(You pay the most)	
If you visit a health care provider's	Primary care visit to treat an injury or illness  Specialist visit	10% coinsurance	Not applicable	10% coinsurance	You may have to pay for services that aren't <u>preventive</u> . Ask <u>provider</u> if services are <u>preventive</u> . Then
office or clinic	Preventive care/Screening/Immunization	N	o charge; <u>deductible</u> waiv	ved	check what <u>plan</u> will pay. <u>Preauthorization</u> may be required.
If you have a test	Diagnostic test (X-rays, Blood work) Imaging (CT/PET scans, MRIs)		10% coinsurance		Preauthorization required for Imaging
If you need drugs to treat your illness or condition. More information about prescription drug coverage is available at truerx.com	Generic drugs— Retail (31 days) Retail*(90 days)/Mail Order (90 days) Preferred drugs— Retail (31 days) Retail*(90 days)/Mail Order (90 days) Non-preferred drugs— Retail (31 days) Retail*(90 days)/Mail Order (90 days) Specialty drugs—	\$10 copay/prescription \$25 copay/prescription \$35 copay/prescription \$87.50 copay/prescription \$60 copay/prescription \$150 copay/prescription Not Covered	1	Not covered	Deductible applies except to preventive care drugs.  *maintenance drugs only Certain prescription drugs are subject to Step Therapy. You may be required to use different prescription drug/pharmaceutical product(s) first.
Coverage listed for medications greater than \$350 for a 30-day supply under the pharmacy benefit is only applicable if the SHARx program fails to provide a solution. The plan may also allow for a 60-day grace period for urgent medications to allow time to complete the advocacy process.					
If you have outpatient surgery	Facility fee (e.g. ambulatory surgery ctr) Physician/surgeon fees	10% coinsurance	10% coinsurance Not applicable	10% coinsurance	Preauthorization required
If you need	Emergency room care	10% coinsurance after In-network deductible		None	
immediate medical	Emergency medical transportation	10% coinsurance		None	
attention	Urgent care	10% coinsurance			None
If you have a	Facility fee (e.g., hospital room)	10% coinsurance		Not applicable	Preauthorization required or you
hospital stay	Physician/surgeon fees	10% coinsurance	Not applicable	10% coinsurance	pay 10% more
Note: Preauthorization required for all hospital admissions & facility-based services provided at a hospital, surgical center, outpatient facility or dialysis center.					

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		What You Will Pay			
Common Medical Event	Services You May Need	Participating Physician Providers & Facilities	Non-Participating Facilities	Non-Participating Physician Providers	Limitations, Exceptions, & Other Important Information
		(You pay	the least)	(You pay the most)	
If you need mental health, behavioral	Outpatient services		10% <u>coinsurance</u>		Preauthorization required for Intensive Outpatient Treatment
health, substance abuse services	Inpatient services	10% <u>coi</u> ı	<u>nsurance</u>	Not applicable	Preauthorization required or you pay 10% more
If you are pregnant	Office visits Prenatal Care  Postnatal Care	No charge; deductible waived 10% coinsurance	Not applicable	No charge; deductible waived 10% coinsurance	Maternity care may include tests & services described elsewhere in the SBC (i.e. ultrasound). Requires
	Childbirth/delivery professional services Childbirth/delivery facility services	10% <u>coinsurance</u> 10% <u>coi</u>	l nsurance	Not applicable	pre-notification prior to delivery and preauthorization for stays over 48 hrs (normal delivery) or 96 hrs (caesarean) or you pay 10% more
	Home health care		10% coinsurance		Preauthorization required. 60 visits/yr.
	Rehabilitation services— Inpatient	10% coinsurance	10% coinsurance	Not applicable	60 days/yr with Skilled nursing care. Preauthorization required for
If you need help	Outpatient	10% <u>coinsurance</u>	10% coinsurance	10% coinsurance	Inpatient or you pay 10% more. 20 visits/yr each for Occupational, Physical and Speech Therapies (requires preauthorization after 13 visits each)
recovering or have other special health needs	Habilitation services Early Intervention Developmental Delay		10% <u>coinsurance</u> 10% <u>coinsurance</u>		To age 3 <u>Preauthorization</u> & visit limits based on services provided
	Skilled nursing care	10% <u>coi</u> ı	<u>nsurance</u>	Not applicable	60 days/yr with Inpatient rehab.  Preauthorization required or you pay 10% more
	Durable medical equipment	10% coinsurance			Preauthorization required for insulin pumps/supplies, equipment over \$2,500, out-of-network providers
	Hospice services— Inpatient Outpatient	10% <u>coi</u>	nsurance nsurance	Not applicable 10% coinsurance	Preauthorization required
	thorization required for all hospital admission	ons & facility-based service		I, surgical center, outpatie	
If your child needs	Children's eye exam		Not covered		n/a

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			What You Will Pay		
Common Medical Event	Services You May Need	Participating Physician Providers & Facilities	Non-Participating Facilities	Non-Participating Physician Providers	Limitations, Exceptions, & Other Important Information
		(You pay	the least)	(You pay the most)	
dental or eye care	Children's glasses	Not covered		n/a	
	Children's dental check-up	Not covered		n/a	

### **Excluded Services & Other Covered Services:**

- Acupuncture
- Dental care (routine child & adult)
- Non-emergency care when traveling outside U.S.
- Routine foot care

- Bariatric Surgery
- Infertility treatment
- Private Duty Nursing
- Weight loss programs

- Cosmetic surgery
- Long term care
- Routine eye care (adult & child)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

Chiropractic care (20 visits/yr)

• Hearing aids (\$2,500/aid/ear/3 yrs)

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Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the U.S. Department of Labor, Employee Benefits Security Administration, at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, you can contact the plan at 1-888-682-4269. You may also contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

### Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

### Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-888-682-4269 Portuguese (Portuguès): De assistència em Portuguès, ligue 1-888-682-4269 Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-888-682-4269



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and excluded services under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The plan's overall <u>deductible</u>	\$4,000
■ Specialist <u>coinsurance</u>	10%
■ Hospital (facility) coinsurance	10%
Other <u>coinsurance</u>	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$4,000	
Copayments	\$10	
Coinsurance	\$500	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$4,570	

## Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall <u>deductible</u>	\$4,000
■ Specialist <u>coinsurance</u>	10%
■ Hospital (facility) coinsurance	10%
Other no charge	

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

\$12,700

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$4,000	
Copayments	\$50	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$20	
The total Joe would pay is	\$4,070	

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall <u>deductible</u>	\$4,000
Specialist <u>coinsurance</u>	10%
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$5,600

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$2,800

## In this example, Mia would pay:

\$2,400
\$0
\$0
\$0
\$2,400

**Total Example Cost**