

## Virtual EAP Consultant Information

# Kris Hooks, LPC, LMFT

### Virtual Schedule

Tues        1:00 p.m. – 5:00 p.m.

Wed        8:30 a.m. – 5:00 p.m.

Thurs       9:00 a.m. – 1:00 p.m.

- ☐ **Email:** Kristen.Hooks@Optum.com
- ☐ **Office Number:** 612.632.2722
- ☐ Virtual Appointments Only (telephonic or video)
- ☐ **24/7 EAP Call Center:** Call 866-248-4096 to speak with an EAP Specialist
- ☐ Online Assistance: Click <http://www.liveandworkwell.com> (Use Company Access Code: FBISD)