First Stop Health

24/7 care when you need it.



First Stop Health is here to provide care for your health via phone or video. Here are a few ways to use your virtual urgent care benefit this year.

24/7 on-demand care for health issues like cold, flu, UTI, rash, dry skin, sinus issues, and more.

Answers to medical questions. Get personalized advice from a medical expert for you or your loved ones.

One-time prescription refills when appropriate*, including for hypertension, asthma, diabetes, anxiety, and more.

Download the app

Use the app to request care in just a few taps, review visits, download sick notes, and more.

You can also visit firststophealth.com or call 888-691-7867

It's care the whole family will love.

Use First Stop Health Virtual Urgent Care for 24/7 support from board-certified providers. A patient waits just 7 minutes (on average) to talk to a provider!

First Stop Health services are not intended to constitute a health plan. *Providers at First Stop Health do not prescribe controlled substances. Costs according to your medical plan may apply for prescriptions.