



More Human. More Resources.

Available 24/7
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Beth Israel Lahev Health

Website: my.kgalifeservices.com
Company code: BILH

EMPLOYEE ASSISTANCE AND WORK-LIFE PROGRAM

A free, confidential program for employees and adult household members. Here's how we can help:

EMOTIONAL HEALTH	PARENTING	ELDERCARE	LEGAL
Counseling, Consultations & Referrals - Alcohol & Drug Concerns - Anxiety - Chronic Illness - Depression - Eating Disorders - Family & Relationship Concerns - Gambling - Meditation - Mindfulness - Partner Violence - Smoking Cessation - Sleep Issues - Stress Management	Childcare Consultation & Referrals - Back-up Care - Before/After School - Childcare Centers - Family Day Care - Nannies & In-home Care - Summer Camps Information & Support - Adolescence - Adoption - Child Development - College Planning - New Parents and Pregnancy - Special Needs	Consultation & Referrals - Assisted Living Facilities - Caregiver Support - Community Services - Home Health Care - Hospice - Medicare/Medicaid - Nursing Homes - Respite Care - Social Security - Transportation	Consultation & Referrals - Bankruptcy - Child Custody & Support - Consumer Issues - Elder Law - Estate Planning - Immigration - Landlord Tenant Disputes - Real Estate Concerns - Restraining Orders - Separation & Divorce - Wills & Trusts *See back for legal disclaimer
FINANCIAL	WORK	CONVENIENCE SERVICES	NUTRITION
Consultation & Referrals - Budgeting - Credit Problems - Debt Management - Financial Wellbeing - Homebuying Information - Insurance Planning - Retirement Planning - Tax Resources	Consultation & Referrals - Career Exploration - Interest Testing - Job Performance Concerns - Job Search Strategies - Resume Review - Time Management - Work-life Integration - Work Stress	Information & Referrals - Community Education Classes - Fitness Programs & Trainers - Home Cleaning - Home Repair Services - Moving Services - Organizer Services - Pet Care - Relocation Information - Yoga Classes	Consultation & Information: - Child Friendly Meals - Diabetes - Food Allergies - Gastrointestinal Problems - Healthy Eating - High Blood Pressure - High Cholesterol - Lactation - Weight Management

* KGA general legal disclaimer:

No service, including advice and consultations, will be provided for: 1) employment-related matters, including employee or statutory benefits; 2) matters involving the employer, KGA Inc. and affiliates; 3) appeals and class actions; 4) frivolous or unethical matters; 5) matters for which an attorney-client relationship exists prior to the participant becoming eligible for benefits.

If a participant wishes to retain legal representation, KGA will refer participant to an attorney who may provide services at a 25 percent discount. This is not a guarantee of the least expensive attorney. Should the participant retain an attorney through a KGA referral, he/she is doing so outside the EAP services provided through the employer and participant is responsible for all fees and costs associated with legal services.