



Wellness Exams: 2025 Physician's Reporting Form

Hamra Management Company, L.L.C. strongly encourages all employees to take an active role in their health by engaging with their healthcare providers and utilizing preventive services. For those enrolled in the Anthem BCBS plan, as well as their covered spouses, completing an annual medical wellness exam or physical between **January 1 and December 31, 2025**, will satisfy the Wellness Exams requirement. As a token of our appreciation, each participating family will receive a Hamra-branded tumbler. Furthermore, employees covered under other medical plans who also complete an annual medical wellness exam or physical will meet the Wellness Exams requirement and will likewise receive a Hamra-branded tumbler. Your health matters to us, and we are excited to support you on this journey!

Section I: To Be Completed by Patient (Please print all information)

Patient First Name: _____ Patient Last Name: _____

Street Address: _____

City: _____ State/Zip: _____

Work Phone: _____ Alternate Phone: _____

Gender: Male Female Date of Birth: _____
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Section II: To Be Completed by Medical Physician

Examination Date: _____

Physician's Name (Print): _____

Physician's Address: _____ State/Zip: _____

Phone: _____

Physician's Signature below confirms that this employee has received an annual physical exam and is current on all age-appropriate preventive care screenings and immunizations.

Physician's Signature: _____ Date: _____

Patient, please upload a copy of this form to the link below:

Wellness Exam Form