



# Welcome to Meritain Health®

## A healthier tomorrow starts today

Meritain Health is a nationwide health care benefits administrator and our job is simple: we help take care of you. Your employer has partnered with us for your health and wellness benefits.

It's important for you to understand how your benefits work—we get that. That's why we're here to give you the information, tools and services you need to make the most of your benefits and wellness programs.

As a new Meritain Health member, you'll soon be getting more information from us. You'll see that your employer offers the health tools, resources and benefits you need to be your healthiest self and to help you keep the most money in your pocket.

We want you to get the most from your benefits. This way, you and your family can easily get the care you need, when you need it.

**Questions? Just call Meritain Health at the number located on the back of your ID card.**

**We're here for  
you—24 hours  
a day, seven  
days a week**





Your member website, **[www.meritain.com](http://www.meritain.com)**, is custom built to help you manage your benefits. When you register and log in at **[www.meritain.com](http://www.meritain.com)** you can:

- Review your health benefits.
- Find an in-network doctor or facility.
- Check on your claims.

## Simple. Transparent. Versatile.

At Meritain Health®, we're creating unrivaled connections.

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