

## Kids Don't Come with an Instruction Manual. Fortunately, You have RethinkCare.



Whether your child has a learning or developmental disorder, or you are guiding them through other milestones like potty training, academic struggles or changing schools; raising resilient children can leave you feeling isolated and overwhelmed. With RethinkCare, you have expert parenting support right at your fingertips.

**Your employer provides this benefit at no cost to you. You and your child's entire care team (including grandparents, aunts and uncles) are eligible to enroll.**

### Parenting support for children ages 1-18:



**1:1 Appointments\*** with a dedicated Parenting Expert to address your specific parenting challenges including those of children with autism spectrum disorder and ADHD.



**Exclusive content** developed to assist your child with socialization, Social & Emotional Learning, academics and more.



**Unlimited access to our website and mobile app** with how-to videos and resources to teach crucial skills for everything from potty training to impulse control.

### 1:1 Parenting Appointments\*

- On-staff experts include masters- and doctoral-level practitioners who specialize in working with children with ADHD, autism, and more.
- No preparation required – during the first call, our experts will ask about your challenges and what you hope to learn.
- On-staff experts are open to all parents and caregivers. Your child does not need a neurodiverse identification or diagnosis.



### New to RethinkCare? Enroll Today!

Give yourself and your child the benefit of RethinkCare's Experts.

Go to [connect.rethinkcare.com/sponsor/adt](https://connect.rethinkcare.com/sponsor/adt) and use code **ADT** to get started.

### Questions?

Reach out to [support@rethinkcare.com](mailto:support@rethinkcare.com).