## Onsite EAP Consultant Information

## Jennifer Williams, LPC

```
Monday − Friday Schedule
Monday 9:30 a.m. − 6:00 p.m. Virtual
Tuesday 8:00 a.m. − 4:30 p.m. Virtual
Wednesday 8:00 a.m. − 4:30 p.m. Virtual
Thursday 8:00 a.m. − 4:30 p.m. Virtual
Friday 8:00 a.m. − 4:30 p.m. Virtual
```

\*In-person visits available on Wednesdays upon request

□ Email: Jennifer.l.Williams@optum.com
□ Office Number: 952-687-3104
□ Virtual appointments are available
□ 24/7 EAP Call Center: call 866-248-4096 to speak with an EAP Specialist or click <a href="http://www.liveandworkwell.com">http://www.liveandworkwell.com</a> (Company Access Code: FBISD)

