

Worried about medical coverage abroad? Pack peace of mind! Get three key questions to ask about your health plan to help you prepare for the unexpected.



1

What does my current health plan cover when I travel abroad?

2

What gaps in international coverage do I need to fill?

3

What will ensure I'm completely covered while traveling?

US plans vary - some offer international care, **some don't**.

Knowing your coverage protects you in case of emergencies.

Even with international coverage, your plan *may not* pay everything.

Also, expect higher costs since overseas providers are often out-of-network.

Need extra travel medical coverage? Your health insurer might offer it, but you can also buy standalone plans or a comprehensive travel insurance policy (including trip cancellation, delays, lost luggage, and more).



TRAVEL INSURANCE

Use the QR code to learn what you should know about travel insurance.



QUESTIONS ABOUT YOUR HEALTH PLAN?

Contact TrueNorth's TrueAdvocate Team: 888-655-9980 | trueadvocate@truenorthcompanies.com M - F | 7:30am - 5:00pm CST | For Spanish, select option 4

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