

When the unexpected happens, use **HMSA's Online Care**

Save money:

Members can use HMSA's Online Care® for



\$0

or little cost

Save time:

86%

saved an hour
or more using
HMSA's Online Care



Receive quality care:

In 2017,
HMSA's
Online Care
doctors
were rated

4.9

 stars out of 5

Talk to a doctor 24/7, 365 days a year from your phone, tablet, or computer. Conversations are secure and confidential. Download the free mobile app in the Apple or Android app store.

Visit hmsaonlinecare.com.



An Independent Licensee of the Blue Cross and Blue Shield Association

Enroll in HMSA's Online Care

From a mobile device:

1. Search for HMSA Online Care in the Apple or Android app store.
2. Download and open the free app.
3. Click Sign Up and enter your information as it appears on your HMSA membership card.
4. Enter your email address and create a password.
5. Select your health plan, enter your subscriber ID number, and click Continue.

From a computer:

1. Go to hmsaonlinecare.com.
2. Enter your information as it appears on your HMSA membership card and click Sign Up.

Use the email and password you entered when enrolling to log on to HMSA's Online Care from any computer or mobile device.

Available for most Apple and Android devices and tablets. You must be in Hawaii to use HMSA's Online Care. Depending on your health plan, you may be charged a copayment.

AmericanWell® is an independent company providing hosting and software services for HMSA's Online Care platform on behalf of HMSA.