

# Unlock your genetics to better understand your health

TrueBlue offers the Genomic Life benefit which accelerates access to genomics for everyone. Understanding your genome uncovers a predisposition to disease, ensures an accurate diagnosis, and individualizes treatment, providing answers to optimize health. The program includes valuable features and benefits including:

### **Essential Genomics**

Genomic Life helps navigate individuals to the genomics that matter, offering insights into health and predisposition to diseases, specifically cancer. The suite of genetic tests and features includes:

- Genetic Health Screen to understand any genetic predisposition to diseases
- Pharmacogenomics to learn what medications work or don't
- Carrier Testing to inform family planning
- Genetic Counseling offers clear explanation of results
- Clinical Action Plan outlines next steps to easily share with your doctor
  Member Support provides answers about the program
  844-MYGENOME memberservices@genomiclife.com

#### **How Essential Genomics Works**

- 1 Access the secure platform for recommended screenings
- 2 Provide a saliva sample from the comfort of your home
- 3 Review your results with a genetic counselor and share results with your doctor

## **Precision Cancer Genomics**

If diagnosed with cancer, a member receives ultra-personalized oncology navigation to tailor treatment and receive support and expert resources for shared decision-making.

- Oncology Navigation
- Diagnostic Inherited Cancer Panel
- Expert Pathology Review
- Comprehensive Genomic Profiling
- Focused Molecular Testing
- Liquid Biopsy for Screening and Monitoring
- Pharmacogenomics Test for Cancer
- Post-Test Genetic Counseling
- Physician Consult
- Clinical Information Line
- Clinical Trial Education
- Genomic Life Platform (GLP)

# **Program Monthly Rates**

Employee		Er
Under age 50	\$18.00	Uı
Age 50-64	\$22.00	A
Age 65+	\$26.00	Ag

Employee + Spouse	
Under age 50	\$36.00
Age 50-64	\$44.00
Age 65+	\$52.00

"The expertise, dedication, and support from Jess at Genomic Life made me go from drinking from a fire hose, feeling overwhelmed and lost to feeling confident, blessed, and in control of my life again. They are truly helping me battle this disease." – Michael Murray, Member