



## BENEFITS NEWS

October 2024

## 2025 ANNUAL ENROLLMENT



Annual Enrollment for the 2025 calendar year is October 14th-25th, 2024. Your annual enrollment packet will be mailed to your home soon with additional information. Any benefit changes made during this time will take effect on January 1, 2025. Annual enrollment is your opportunity to review and make changes to your benefits. This is also a great time to make sure your life insurance and 401(k) beneficiary information is up to date. Powell's benefit information is located on Empowered, <a href="https://www.Powellind.com/Empowered">www.Powellind.com/Empowered</a>.

## **Breast Cancer Awareness**

In 2024, more than 360,000 people will be diagnosed with breast cancer. But there is hope. Advancements in early detection methods and support continue to increase the chances of survival. When caught in its earliest, localized stages, the 5-year relative survival rate of breast cancer is 99% (National Breast Cancer Foundation).

The USPSTF now recommends biennial screening mammography for women aged 40 to 74 years. Women younger than age 40 are recommended to discuss the risks and benefits of earlier screenings with their health care provider.

Mammograms are covered at 100% at an in-network facility for covered members and dependents enrolled on a Powell medical plan. Click <u>here</u> to learn how to detect breast cancer early.