Bring your whole self.





# IMPORTANT CONTACTS

| FOR QUESTIONS ABOUT:       | CARRIER                                      | PHONE NUMBER   | WEBSITE/E-MAIL  |
|----------------------------|--|----------------|---|
| Medical                    | BCBS of Texas                                | 1-800-521-2227 | www.bcbstx.com  |
| Prescription Drugs         | RxBenefits/<br>Express Scripts               | 1-800-334-8134 | RxHelp@RxBenefits.com                                     |
| Dental                     | MetLife                                      | 1-800-942-0854 | www.MetLife.com/dental                                    |
| Vision                     | MetLife                                      | 1-855-638-3931 | www.MetLife.com/vision                                    |
| HSA                        | Empower HSA                                  | 1-800-331-5455 | www.empowermyretirement.com                               |
| FSA                        | Wex  | 1-866-451-3399 | www.wexinc.com  |
| Voluntary Life             | MetLife                                      | 1-800-438-6388 | www.Mybenefits.metlife.com                                |
| Disability                 | MetLife                                      | 1-866-729-9201 | www.Mybenefits.metlife.com                                |
| Telehealth                 | HealthJoy                                    | 1-877-500-3212 | www.healthjoy.com/members<br>Email: Support@healthjoy.com |
| Accident Insurance         | MetLife                                      | 1-800-438-6388 | www.Mybenefits.metlife.com                                |
| Critical Illness Insurance | MetLife                                      | 1-800-438-6388 | www.Mybenefits.metlife.com                                |
| EAP                        | MetLife                                      | 1-888-319-7819 | www.one.telushealth.com                                   |
| 401(k) Savings Plan        | Empower Retirement                           | 1-800-338-4015 | www.empowermyretirement.com                               |
| Investment Advisor         | Russell Livesay<br>Disciplined Investors LLC | 1-254-755-8622 | www.dinvestors.com<br>Email: rl@dinvestors.com            |



#### **Important Contacts** Life and AD&D 3 13 Welcome to Your Benefits! Accident Insurance 3 14 How to Enroll Critical Illness Insurance TABLE OF 15 4 Eligibility Disability 5 16 Medical + Rx Planning for Retirement 8 **Health Savings Accounts Employee Assistance Program** 9 Dental **Additional Benefits** 10 19 Vision **Required Notices** 11 Flexible Spending Account-Dependent Care

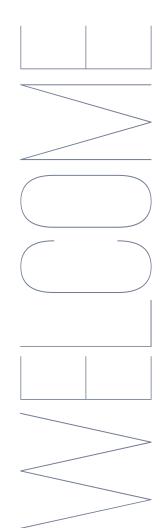
# WELCOME TO YOUR BENEFITS!

We are pleased to provide you with a wide range of competitive benefits that are a vital part of your total compensation. You have the flexibility to select from a full range of benefits to keep you and your family healthy, provide financial protection in the event of unforeseen circumstances and help you build long-term security for retirement. This brochure was designed to answer some of the basic questions you may have about your benefits. Please take the time to review this brochure to make sure you understand the benefits that are available to you and your family, and be sure to act before the enrollment deadline.

This brochure highlights the main features of our employee benefits program. It does not include all plan rules, details, limitations and exclusions. The terms of your benefit plans are governed by legal documents, including insurance contracts. Should there be an inconsistency between this brochure and the legal plan documents, the plan documents are the final authority. The Company reserves the right to change or discontinue its employee benefits plans at any time.

# HOW TO ENROLL

When you're ready to enroll, log in to Workday and go to your inbox to find the benefit event task awaiting completion.





# ELIGIBILITY

If you are a full-time Associate scheduled and working at least 30 hours per week, you are eligible for benefits. Most of your benefits are effective on the first day of the month, following 30 full days of employment. You may also enroll your eligible dependents for coverage. Eligible dependents could be:



# **Qualifying Life Event**

During the year, you cannot make changes to your benefits unless you have a Qualified Life Event. If you do not make changes to your benefits within 30 days of the Qualified Life Event, you will have to wait until the next annual Open Enrollment period to make changes (unless you experience another Qualified Life Event).

| QUALIFIED LIFE EVENT           |  | DOCUMENTATION NEEDED  |
|--------------------------------|--|---|
|                                | Marriage   | Copy of marriage certificate  |
| Change in marital status       | Divorce/Legal Separation   | Copy of divorce decree  |
|                                | Death  | Copy of death certificate   |
|                                | Birth or adoption  | Copy of birth certificate or copy of legal adoption papers                                    |
| Change in number of dependents | Step-child   | Copy of birth certificate plus a copy of the marriage certificate between employee and spouse |
|                                | Death  | Copy of death certificate   |
| Change in employment           | Change in your eligibility status (i.e., full time to part time) | Notification of increase or reduction of hours that changes coverage status                   |
|                                | Change in spouse's benefits or employment status                 | Notification of spouse's employment status that results in a loss or gain of coverage         |

# MEDICAL + RX

Medical insurance is essential to your well-being, and our medical coverage provides you and your family the protection you need for everyday health issues or when the unexpected happens.

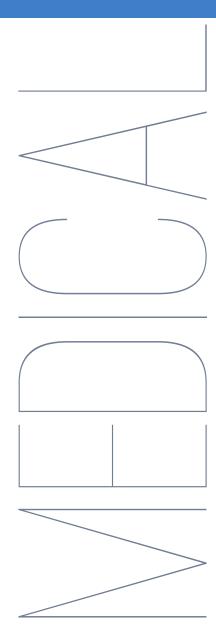
Neighborly offers two medical plan options through Blue Cross Blue Shield of Texas.

**BCBS PPO Plan** – PPO plan covers some items and services even if you haven't yet met the deductible. You pay a fixed-dollar copay for office visits, specialist visits, prescription drugs, emergency room services, and diagnostic testing.

**BCBS HSA Plan** – HSA Plan is a High Deductible Health Plan (HDHP) which allows you to pay lower premiums and save pre-tax dollars for health care expenses, now or in the future, using a Health Savings Account. Generally, you pay all costs from providers up to the deductible amount before this plan begins to pay. In-network preventive care is covered before you meet your deductible.

## **Parts of Your Medical Plan**

- Preventive care always 100% covered when you use in-network providers and includes things like physical exams, flu shots and screenings.
- Annual deductible amounts the amount you pay each year for eligible in-network and out-of-network charges before the plan begins to pay.
- Annual out-of-pocket maximums the most you will pay each year for eligible in-network and out-of-network services, including prescriptions. After you reach your out-of-pocket maximum, the plan picks up the full cost of covered medical care for the remainder of the year.
- Copays A copay is a fixed amount you pay for a health care service.
   Copays do not count toward your deductible but do count toward your annual out-of-pocket maximum.
- Coinsurance Once you've met your deductible, you and the plan share the cost of care, called coinsurance.





# **Medical Plan Comparison**

You may visit any medical provider you choose, but in-network providers offer the highest level of benefits and lower out-of-pocket costs. In-network providers charge members reduced, contracted fees instead of their typical fees. Providers outside the plan's network set their own rates, so you may be responsible for the difference if a provider's fees are above the Reasonable and Customary (R&C) limits. We use the nationwide Blue Cross Blue Shield of Texas (BCBSTX) provider network for all medical plan options. To determine if your current provider is in the network or to locate providers near you, call BCBSTX Member Services at 800-521-2227 or visit **www.bcbstx.com**. For more details on our 2025 benefit plans — how they work, what they cover, what they cost, and the Summary of Benefits and Coverage (SBC) documents — go to **myneighborlybenefits.com**.

|                                       | BCBS PPO PLAN    |                      | BCBS H              | SA PLAN              |  |
|---------------------------------------|------------------|----------------------|---------------------|----------------------|--|
|                                       | IN-NETWORK       | OUT-OF-NETWORK       | IN-NETWORK          | OUT-OF-NETWORK       |  |
|                                       |                  | YOU PAY              |                     |                      |  |
| Annual Deductible (Individual/Family) | \$1,500/\$3,000  | \$3,000/\$6,000      | \$4,000/\$8,000     | \$8,000/\$16,000     |  |
| Annual OOP Max<br>(Individual/Family) | \$6,250/\$12,500 | \$12,000/\$24,000    | \$4,000/\$8,000     | \$12,000/\$24,000    |  |
| Preventive Care                       | \$0              | 40% after deductible | \$0                 | 30% after deductible |  |
| Regular Office Visit                  | \$25 copay       | 40% after deductible | 0% after deductible | 30% after deductible |  |
| Specialist Office Visit               | \$70 copay       | 40% after deductible | 0% after deductible | 30% after deductible |  |
| Urgent Care                           | \$70 copay       | 40% after deductible | 0% after deductible | 30% after deductible |  |
| <b>Emergency Room Visit</b>           | \$350            | copay                | 0% after o          | deductible           |  |

# **Medical Contributions**

|                       | BCBS PPO PLAN     |                     | BCBS HSA PLAN     |                     |
|-----------------------|-------------------|---------------------|-------------------|---------------------|
|                       | MONTHLY DEDUCTION | BI-WEEKLY DEDUCTION | MONTHLY DEDUCTION | BI-WEEKLY DEDUCTION |
| Employee Only         | \$145.19          | \$67.01             | \$70.95           | \$32.75             |
| Employee + Spouse     | \$516.22          | \$238.26            | \$372.73          | \$172.03            |
| Employee + Child(ren) | \$469.29          | \$216.60            | \$338.84          | \$156.39            |
| Employee + Family     | \$791.80          | \$365.45            | \$538.07          | \$248.34            |

<sup>\*</sup> Tobacco user rates increase by \$40 monthly for all tiers of coverage

# **Rx Plan Comparison**

When you enroll in Medical coverage, you will also receive prescription benefits through RxBenefits (Express Scripts). Here you can see the basics, but be sure to check the formulary for a full list of the prescriptions that are covered by the plan. Remember, you can always ask your doctor about lower-cost alternatives. Generic drugs tend to be less expensive than brand-name drugs, so keep that in mind when shopping around.

| PRESCRIPTION DRUGS (EXPRESS SCRIPTS) |               |                |                     |                |
|--------------------------------------|---------------|----------------|---------------------|----------------|
|                                      | BCBS P        | PO PLAN        | BCBS HSA PLAN       |                |
|                                      | IN-NETWORK    | OUT-OF-NETWORK | IN-NETWORK          | OUT-OF-NETWORK |
|                                      | YOU PAY       |                |                     |                |
| RETAIL                               |               |                |                     |                |
| Retail Generic                       | \$15 copay    |                | 0% after deductible | Not Covered    |
| Retail Preferred Brand               | \$30 copay    | Not Covered    |                     |                |
| Retail Non-Preferred                 | \$60 copay    | Noi Covered    |                     |                |
| Specialty                            | \$120 copay   |                |                     |                |
| MAIL                                 |               |                |                     |                |
| Mail Generic                         | \$37.50 copay |                |                     |                |
| Mail Preferred Brand                 | \$75 copay    | Not Covered    | 0% after deductible | Not Covered    |
| Mail Non-Preferred                   | \$150 copay   | Not Covered    |                     | Not Covered    |
| Specialty                            | \$300 copay   |                |                     |                |

<sup>\*</sup> After deductible

# **Save on Prescription Drugs**

## **Ask for Generics**

Generic and brand-name drugs have the same active ingredients, which means they have the same efficacy for treating your condition. The main difference is the cost to you.

Brand-name drugs tend to be more expensive because of the lengthy drug development process. Manufacturers charge more to recoup costs. When a patent expires, other manufacturers can produce the medication, and competition drives the price down.

# **RxBenefits (Express Scripts) Member Services**

Get access to RxBenefits Member Services representatives who can help you, your physician, and your pharmacy with questions about your network, prescriptions coverage, mail order medications, prior authorization, and more.

You can stay on track and manage your medications anytime, anywhere using the Express Scripts mobile app available in the App Store and Google Play. After downloading, first-time visitors must register using their member ID number or Social Security number (SSN).



# HEALTH SAVINGS ACCOUNTS

When you enroll in the BCBS HSA Medical Plan, you may be eligible to open a Health Savings Account (HSA) through Optum Bank. Both Neighborly® and you can contribute money to your HSA, up to the IRS limit (Neighborly® contribution + your biweekly contribution = up to IRS maximum limit).

A Health Savings Account (HSA) is a personal savings account you can use to pay for qualified out-of-pocket medical expenses with pre-tax dollars — now or in the future. Once you're enrolled in the HSA, you'll receive a debit card to help manage your HSA reimbursements. Your HSA can also be used for your expenses and those of your spouse and dependents, even if they are not covered by the HDHP medical plan.

**Important:** Per IRS rules, you are eligible to open an HSA if you are:

- Covered under a High-Deductible Health Plan (HDHP).
- Not enrolled in Medicare.
- Cannot be claimed as a dependent on another person's tax return.
- You have no other health coverage.

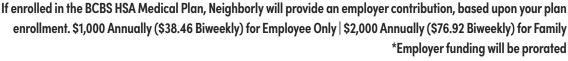
# **How a Health Savings Account Works**



## **Eligibility**

You must enroll in the BCBS HSA Medical Plan and meet all IRS eligibility requirements.

## **Contributions**





You contribute on a pre-tax basis and can change how much you contribute from each paycheck up to the annual IRS maximum of \$4,300 if you enroll only yourself or \$8,550 if you enroll in family coverage. You can make an additional catch-up contribution if you are age 55 or older.



## **Eligible Expenses**

You may use your HSA funds to cover Medical, Dental, Vision and prescription drug expenses incurred by you and your eligible family members.

## **Using Your Account**



Use the debit card linked to your HSA to cover eligible expenses, or pay for expenses out of your own pocket and save your HSA money for future health care expenses.



## **Your HSA is always yours — no matter what.**

One of the best features of an HSA is that any money left in your account at the end of the year rolls over so you can use it next year or sometime in the future. And if you leave the Company or retire, your HSA goes with you so you can continue to pay for or save for future eligible health care expenses.





# DENTAL

# Taking care of your oral health is not a luxury — it's a necessity to long-term optimal health.

With a focus on prevention, early diagnosis and treatment, Dental insurance can greatly reduce your costs when it comes to restorative and emergency procedures. Preventive services are covered at no cost to you and include routine exams and cleanings. You will pay only a small deductible and coinsurance for basic and major services.

When you visit a dentist in the network, you will maximize your savings. These dentists have agreed to reduced fees, which means you won't get charged more than your expected share of the bill. To find a provider, visit **www.MetLife.com/dental**. Select *Find a Dentist* on the homepage.

|   | DENTAL PPO                      |                                 |  |  |  |
|---|---------------------------------|---------------------------------|--|--|--|
|   | IN-NETWORK                      | OUT-OF-NETWORK                  |  |  |  |
| Annual Deductible<br>(90% UCR*)                   | \$50 individual<br>\$150 family | \$50 individual<br>\$150 family |  |  |  |
| Annual Maximum                                    | \$1,500 per person              | \$1,500 per person              |  |  |  |
|   | YOU PAY                         |                                 |  |  |  |
| Preventive – Exams,<br>Cleanings (every 6 months) | \$0                             | \$0                             |  |  |  |
| Basic – Fillings,<br>Extractions, Repairs         | 20%                             | 20%                             |  |  |  |
| Major – Single Crowns,<br>Bridges, Dentures       | 50%                             | 50%                             |  |  |  |
| Orthodontia                                       | 50%                             | 50%                             |  |  |  |
| Ortho. Lifetime Maximum                           | \$1,250 per person              | \$1,250 per person              |  |  |  |

<sup>\*90%</sup> UCR means that there is a 10% chance that your non-network provider charges would be higher than MetLife's usual and customary reimbursement for that service and you could be balance billed for the difference

## **Dental Contributions**

|                       | MONTHLY DEDUCTION | BI-WEEKLY DEDUCTION |  |
|-----------------------|-------------------|---------------------|--|
| Employee Only         | \$28.40           | \$13.11             |  |
| Employee + Spouse     | \$57.67           | \$26.62             |  |
| Employee + Child(ren) | \$78.47           | \$36.22             |  |
| Employee + Family     | \$115.41          | \$53.27             |  |



# VISION

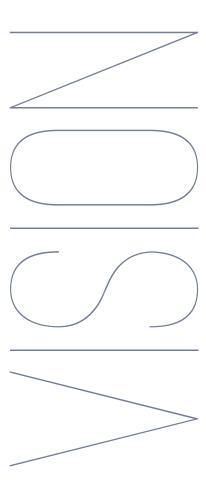
# Healthy eyes and clear vision are an important part of your overall health and quality of life.

You may enroll yourself and your eligible dependents, or you may waive Vision coverage. You do not have to be enrolled in Medical coverage to elect Vision coverage or cover the same dependents under Medical and Vision.

You may go to any eye doctor you prefer, but you will save money when you use a participating MetLife provider. To locate a participating provider, contact MetLife at 855-638-3931 or visit the web site at **www.MetLife.com/vision**.

The table below summarizes the key features of the Vision plan. Please refer to the official plan documents for additional information on coverage and exclusions.

|                         | VISIO                              | N PPO          |  |  |
|-------------------------|------------------------------------|----------------|--|--|
|                         | IN-NETWORK                         | OUT-OF-NETWORK |  |  |
|                         | YOU PAY                            | REIMBURSEMENT  |  |  |
| Eye Exam                | \$0                                | Up to \$45     |  |  |
| Single Lenses           | \$0                                | Up to \$30     |  |  |
| Bifocal Lenses          | \$0                                | Up to \$50     |  |  |
| Trifocal Lenses         | \$0                                | Up to \$65     |  |  |
| Frames                  | Up to \$120<br>(then 20% discount) |                |  |  |
| Necessary<br>Contacts   | \$0 Up to \$210                    |                |  |  |
| Elective<br>Contacts    | Up to \$120 Up to \$105            |                |  |  |
| FREQUENCY               |                                    |                |  |  |
| Exam, Lenses,<br>Frames | Every 12 months Every 12 months    |                |  |  |



# **Vision Contributions**

|                           | MONTHLY DEDUCTION | BI-WEEKLY DEDUCTION |  |
|---------------------------|-------------------|---------------------|--|
| Employee Only             | \$6.77            | \$3.12              |  |
| Employee + Spouse \$13.57 |                   | \$6.26              |  |
| Employee + Child(ren)     | \$11.49           | \$5.30              |  |
| Employee + Family         | \$18.94           | \$8.74              |  |

# FLEXIBLE SPENDING ACCOUNT-DEPENDENT CARE

Flexible Spending Accounts (FSAs) allow you to pay for eligible expenses using tax-free dollars. Important: There is a "use it or lose it" rule imposed by the IRS. If you do not spend all the money in your Dependent Care FSA by March 31 of the following year for expenses incurred from January 1 – December 31, unused dollars will be forfeited per IRS regulations for pre-tax contributions.





# LIFE AND AD&D

Life and Accidental Death & Dismemberment (AD&D) insurance pays a lump-sum benefit to your beneficiary(ies) to help meet expenses in the event of your death or in the case of a covered accidental injury. Basic Life is provided for you at no cost, and you have the option to purchase coverage for your dependents.

## **Basic Life and AD&D**



# **Voluntary Life and AD&D**





# **For Your Spouse**

\$10,000, \$25,000, \$50,000, or \$100,000. Guaranteed Issue amount of \$50,000.



# For Your Child

14 days to 1 year: \$500 1 year to 25 years: \$5,000 or \$10,000 Guaranteed Issue is the full amount.

# **Guaranteed Issue and Evidence of Insurability**

Employees and spouses who elect Voluntary Life and AD&D coverage when they are first eligible can elect up to the Guaranteed Issue (GI) amount without Evidence of Insurability (EOI). If the amount requested is more than GI, you will need to provide EOI before the amount over GI becomes effective.

# ACCIDENT INSURANCE

Accident insurance pays out a lump sum if you become injured because of an accident. It allows you to claim benefits even if the injuries you incur do not keep you out of work. Accident insurance may also complement health insurance if an accident causes you to have medical expenses that your health insurance doesn't cover.

## **How Does Accident Insurance Work?**

Accident insurance policies can provide you with a lump sum paid directly to you that will help pay for a wide range of situations, including initial care, surgery, transportation and lodging, and follow-up care. Here's how it works:

- A set amount is payable based on the injury you suffer and the treatment you receive.
- Benefits are payable directly to you (unless you specify otherwise) and can be used as you see fit.
- Coverage is available for you, your spouse and eligible dependent children.
- You do not need to answer medical questions or have a physical exam to get basic coverage.
- Accident insurance covers injuries that happen on the job or off the job unlike workers' compensation, which only covers on-the-job injuries.
- Benefit payments are not reduced by any other insurance you may have with other companies.

## **Examples of Covered Expenses**



**Emergency Room Visits** 



**Hospital Stays** 



**Fractures and Dislocations** 



**Medical Exams** 



Physical Therapy



**Transportation and Lodging** 

## **Accident Insurance Contributions**

|                            | MONTHLY DEDUCTION | BI-WEEKLY DEDUCTION |
|----------------------------|-------------------|---------------------|
| Associate                  | \$7.79            | \$3.60              |
| Associate + Spouse \$15.41 |                   | \$7.11              |
| Associate + Child(ren)     | \$18.55           | \$8.56              |
| Family                     | \$21.89           | \$10.10             |



# CRITICAL ILLNESS INSURANCE

While medical insurance is vital, it doesn't cover everything. If you suffer from a serious illness, such as cancer, stroke or a heart attack, Medical insurance may not provide the coverage you need. Critical Illness insurance will ease the financial strain and help you focus on your recovery.

## **How Will a Critical Illness Claim Get Paid?**

After purchasing Critical Illness insurance, if you suffer from one of the serious illnesses covered by your policy, you'll be paid in a lump sum. The payment will go directly to you instead of to a medical provider. The payment you receive can be used for many things including:

- Child care costs
- Medical and living expenses

- Travel expenses for you and your family
- Lost wages from missed time at work

# **Examples of Covered Expenses**



**Heart Attack** 



Alzheimer's Disease



**Multiple Sclerosis** 



Parkinson's Disease



Stroke



**Major Organ Failure** 

## **Critical Illness Contributions**

| CRITICAL ILLNESS | \$5,000                        |          | \$10    | 0,000    |
|------------------|--------------------------------|----------|---------|----------|
| NON-TOBACCO      | MONTHLY                        | BIWEEKLY | MONTHLY | BIWEEKLY |
| <34              | \$2.05                         | \$0.95   | \$4.10  | \$1.89   |
| 35-44            | \$3.55                         | \$1.64   | \$7.10  | \$3.28   |
| 45-54            | \$7.95                         | \$3.67   | \$15.90 | \$7.34   |
| 55-64            | \$16.10                        | \$7.43   | \$32.20 | \$14.86  |
| 65+              | \$28.55                        | \$13.18  | \$57.10 | \$26.35  |
| Child coverage   | Included in Associate Election |          |         |          |

| CRITICAL ILLNESS | \$5,000                        |          | \$10,000 |          |
|------------------|--------------------------------|----------|----------|----------|
| TOBACCO          | MONTHLY                        | BIWEEKLY | MONTHLY  | BIWEEKLY |
| <34              | \$2.20                         | \$1.02   | \$4.40   | \$2.03   |
| 35-44            | \$4.25                         | \$1.96   | \$8.50   | \$3.92   |
| 45-54            | \$11.95                        | \$5.52   | \$23.90  | \$11.03  |
| 55-64            | \$28.85                        | \$13.32  | \$57.70  | \$26.63  |
| 65+              | \$57.00                        | \$26.31  | \$114.00 | \$52.62  |
| Child coverage   | Included in Associate Election |          |          |          |

# DISABILITY

Disability insurance can keep you financially stable should you experience a qualifying disability and become unable to work. It can help provide a sense of security, knowing that if the unexpected should happen, you'll still receive a monthly income. A qualifying disability is a sickness or injury that causes you to be unable to perform any other work for which you are or could be qualified by education, training or experience.

## **STD Coverage**

This plan is sponsored by Neighborly and is a self-insured disability plan. You pay nothing out of pocket for this coverage.

## **LTD Coverage**

You pay the cost of LTD coverage with after-tax dollars, so that any benefits you may receive are not taxed as income. The monthly cost is \$0.379 per \$100 of monthly covered pay.

# **Disability Benefits at a Glance**



# First 7 Days of Illness

PTO replaces 100% of your pay during this time. STD begins after Day 0 of accident.



# **Next 12 Weeks**

Approved STD replaces 60% of your earnings to a \$1,250 maximum for 12 weeks. Maternity short-term disability is paid at 100%.

Benefit begins after 7 days of illness or immediately after an accident.



## **After 12 Weeks**

LTD replaces 60% of your earnings to an \$8,000 maximum.

Benefit begins after 12 weeks of disability and payments will last for the remainder of the disability, up to 24 months (or longer with approval from MetLife) after STD benefits end.

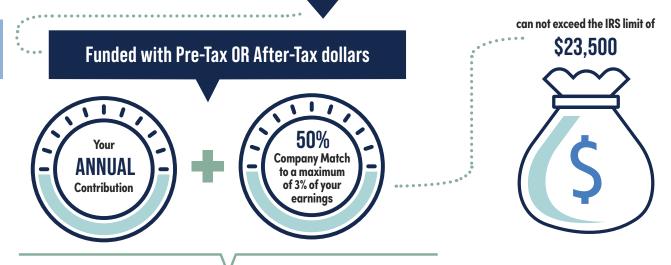


# PLANNING FOR RETIREMENT

One of the best ways to ensure a secure retirement is to start saving as early as possible. Our 401(k) savings plan allows you to save for retirement on a pre-tax OR after-tax basis. You are eligible to start contributions to your Neighborly® 401(k) plan at 60 days of employment. You are automatically enrolled at a rate of 6% effective the first payroll following 60 days of employment, unless you opt out or designate a contribution amount. You may opt out at any time.

To enroll in the 401(k) plan, visit **www.empowermyretirement.com** or call the Empower Retirement benefit service center at 800-338-4015. If you have a 401(k) from a previous employer and are interested in a rollover to our plan, the Empower Retirement service center can advise you through the process.

# **Increase Your Retirement Savings With a 401(k)**





If you are AGE 50+ you can make an additional contribution of \$7,500

## **Vesting**

Vesting is at 20% each year, which means you are fully vested at completion of 5 years of service.

#### **NEIGHBORLY® CONTRIBUTIONS AND EARNINGS VESTING SCHEDULE** YEARS OF SERVICE PERCENTAGE Less than 1 year 0% 20% 1 year 40% 2 years 3 years 60% 80% 4 years 100% 5 years

# **Disciplined Investors**

#### Looking for guidance on investments, finances, or retirement planning?

As a participant in the Neighborly 401(k) plan, you have access to personalized support from our 401(k) fiduciary — completely free of charge. Disciplined Investors are available to meet at your convenience to help you make informed financial decisions.

To schedule a one-on-one session, contact:

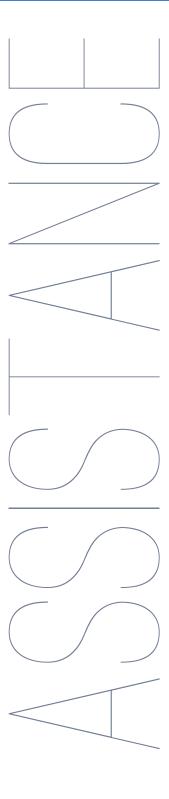
- Russell Livesay rl@dinvestors.com | 254-755-8622
- Sabrina Moore **sabrina@dinvestors.com** | 254-754-9102

# EMPLOYEE ASSISTANCE PROGRAM

We offer our employees and their eligible family members free access to licensed counselors through our Employee Assistance Program whether or not you elect other benefits coverage. Through this coverage, employees and their families receive immediate support and guidance and assessments and referrals for further services. You or your family members have unlimited telephone access to qualified counselors and up to 5 face-to-face visits per year based on need. You can contact the EAP for help with the following:



It's important to note that all EAP conversations are voluntary and strictly confidential. If you and your counselor determine that additional assistance is needed, you'll be referred to the most appropriate and affordable resource available. Although you're responsible for the cost of referrals, these costs are often covered under your Medical plan.



You may also access resources online at www.one.telushealth.com

- Username: metlifeeap
- Password: eap



# ADDITIONAL BENEFITS

# HealthJoy

HealthJoy is the virtual access point for all your health care navigation and benefits needs. This resource is provided at NO COST to help you understand and make the most of your benefits.

HealthJoy offers 24/7 access to a dedicated health care concierge team, telemedicine visits, and care navigation tools. Easily locate in-network doctors, find extra savings on your prescriptions, and spot errors in your medical bills. HealthJoy's mobile app and dedicated member support team are always on hand to help make it easier to stay healthy and well. Learn more about HealthJoy at **myneighborlybenefits.com**.

- **JOY:** JOY is your virtual Al-powered assistant. JOY is available anytime, anywhere to help explain how HealthJoy works, provide personalized guidance, send reminders and alerts, and answer any questions.
- Benefits Wallet: Access all your benefits in one place in the digital benefits wallet. You can personalize your wallet to fit your life. One click gets you the information and assistance you need.
- On-Demand Health Care Concierge: Chat with a live health care concierge in seconds. Simply send a request and quickly receive assistance on anything related to your benefits or health care needs such as questions, claim issues, clinical issues, appointment setting, research, provider and facility recommendations, cost estimation, medical device help, and more.

## **HealthJoy Behavioral Health**

One in five American adults has experienced a mental health issue, but you don't have to suffer alone. You can access virtual appointments with a licensed therapist from home through HealthJoy Behavioral Health at NO COST TO YOU!

This new benefit gives you easy, convenient access to online therapists without travel, hassle, or high fees. Behavioral health sessions are conducted by a licensed therapist. You can schedule an online consultation and meet with them directly through the HealthJoy app.

Phone: 877-500-3212

Online: https://healthjoy.com/members/

Email: support@healthjoy.com

### **Access Perks**

Save up to 50% with your Associate Discounts at restaurants, retailers, hotels, grocery stores, and more – nationwide!

- Log in at http://neighborly.accessperks.com
- 2. Get your Access Perks mobile app
- 3. Start saving at thousands of participating providers

Need help getting started? Call 877-408-2603 for assistance.

## **Spot Pet**

Get reimbursed on eligible vet bills for accidents, illnesses, and more. It is EASY! Visit **myneighborlybenefits.com** for more details.

#### **How Spot Pet Insurance Works**

- Visit any licensed vet or specialist in US/Canada
- Submit your claim online
- Get reimbursed fast & easily for eligible expenses

# **Your Money Line**

Your Money Line is a financial wellness program which offers tailored access to a variety of resources such as financial education, personalized financial coaching, budgeting tools, assistance with student loans, and retirement planning. Your Money Line is a **100% company paid benefit** (Currently, Your Money Line is being offered as a pilot program for Corporate Associates only).

More Information can be found on **myneighborlybenefits.com**.

## **HEALTH COVERAGE NOTICES**

# HEALTH INSURANCE MARKETPLACE COVERAGE OPTIONS AND YOUR HEALTH COVERAGE

#### PART A: GENERAL INFORMATION

Since key parts of the health care law took effect in 2014, there is another way to buy health insurance: the Health Insurance Marketplace. To assist you as you evaluate options for you and your family, this notice provides some basic information about the Marketplace and employment-based health coverage offered by your employer.

#### What is the Health Insurance Marketplace?

The Marketplace is designed to help you find health insurance that meets your needs and fits your budget. The Marketplace offers "one-stop shopping" to find and compare private health insurance options. You may also be eligible for a tax credit that lowers your monthly premium right away. Typically, you can enroll in a Marketplace health plan during the Marketplace's annual Open Enrollment period or if you experience a qualifying life event.

#### Can I Save Money on my Health Insurance Premiums in the Marketplace?

You may qualify to save money and lower your monthly premium, but only if your employer does not offer coverage, or offers coverage that doesn't meet certain standards. The savings on your premium that you're eligible for depends on your household income.

# Does Employer Health Coverage Affect Eligibility for Premium Savings through the Marketplace?

Yes. If you have an offer of health coverage from your employer that meets certain standards, you will not be eligible for a tax credit through the Marketplace and may wish to enroll in your employer's health plan. However, you may be eligible for a tax credit that lowers your monthly premium or a reduction in certain cost-sharing if your employer does not offer coverage to you at all or does not offer coverage that meets certain standards. If the cost of a plan from your employer that would cover you (and not any other members of your family) is more than 9.02% of your household income for the year, or if the coverage your employer provides does not meet the "minimum value" standard set by the Affordable Care Act, you may be eligible for a tax credit.

Note: If you purchase a health plan through the Marketplace instead of accepting health coverage offered by your employer, then you may lose the employer contribution (if any) to the employer-offered coverage. Also, this employer contribution — as well as your employee contribution to employer-offered coverage — is often excluded from income for Federal and State income tax purposes. Your payments for coverage through the Marketplace are made on an after-tax basis.

#### **How Can I Get More Information?**

For more information about your coverage offered by your employer, please check your summary plan description or contact Amy George at <a href="mailto:amy.george@nbly.com">amy.george@nbly.com</a>.

The Marketplace can help you evaluate your coverage options, including your eligibility for coverage through the Marketplace and its cost. Please visit HealthCare.gov for more information, including an online application for health insurance coverage and contact information for a Health Insurance Marketplace in your area.

## MEDICAL NOTICE OF PRIVACY PRACTICES

This notice describes how medical information about you may be used and disclosed, and how you can get access to this information. Please review it carefully.

#### **OUR COMPANY'S PLEDGE TO YOU**

This notice is intended to inform you of the privacy practices followed by the Neighborly Health Plan (the Plan) and the Plan's legal obligations regarding your protected health information under the Health Insurance Portability and Accountability Act of 1996 (HIPAA). The notice also explains the privacy rights you and your family members have as participants of the Plan. It is effective on 1/1/2025.

The Plan often needs access to your protected health information in order to provide payment for health services and perform plan administrative functions. We want to assure the participants covered under the Plan that we comply with federal privacy laws and respect your right to privacy. Neighborly requires all members of our workforce and third parties that are provided access to protected health information to comply with the privacy practices outlined below.

#### **Protected Health Information**

Your protected health information is protected by the HIPAA Privacy Rule. Generally, protected health information is information that identifies an individual created or received by a health care provider, health plan or an employer on behalf of a group health plan that relates to physical or mental health conditions, provision of health care, or payment for health care, whether past, present or future.

#### How We May Use Your Protected Health Information

Under the HIPAA Privacy Rule, we may use or disclose your protected health information for certain purposes without your permission. This section describes the ways we can use and disclose your protected health information.

Payment. We use or disclose your protected health information without your written authorization in order to determine eligibility for benefits, seek reimbursement from a third party, or coordinate benefits with another health plan under which you are covered. For example, a health care provider that provided treatment to you will provide us with your health information. We use that information in order to determine whether those services are eligible for payment under our group health plan.

Health Care Operations. We use and disclose your protected health information in order to perform plan administration functions such as quality assurance activities, resolution of internal grievances, and evaluating plan performance. For example, we review claims experience in order to understand participant utilization and to make plan design changes that are intended to control health care costs.

However, we are prohibited from using or disclosing protected health information that is genetic information for our underwriting purposes.

Treatment. Although the law allows use and disclosure of your protected health information for purposes of treatment, as a health plan we generally do not need to disclose your information for treatment purposes. Your physician or health care provider is required to provide you with an explanation of how they use and share your health information for purposes of treatment, payment, and health care operations.

As permitted or Required by Law. We may also use or disclose your protected health information without your written authorization for other reasons as permitted by law. We are permitted by law to share information, subject to certain requirements, in order to communicate information on health-related benefits or services that may be of interest to you, respond to a court order, or provide information to further public health activities (e.g., preventing the spread of disease) without your written authorization. We are also permitted to share protected health information during a corporate restructuring such as a merger, sale, or acquisition. We will also disclose health information about you when required by law, for example, in order to prevent serious harm to you or others.

Pursuant to Your Authorization. When required by law, we will ask for your written authorization before using or disclosing your protected health information. Uses and disclosures not described in this notice will only be made with your written authorization. Subject to some limited exceptions, your written authorization is required for the sale of protected health information and for the use or disclosure of protected health information for marketing purposes. If you choose to sign an authorization to disclose information, you can later revoke that authorization to prevent any future uses or disclosures.

To Business Associates. We may enter into contracts with entities known as Business Associates that provide services to or perform functions on behalf of the Plan. We may disclose protected health information to Business Associates once they have agreed in writing to safeguard the protected health information. For example, we may disclose your protected health information to a Business Associate to administer claims. Business Associates are also required by law to protect protected health information.

To the Plan Sponsor. We may disclose protected health information to certain employees of Neighborly for the purpose of administering the Plan. These employees will use or disclose the protected health information only as necessary to perform plan administration functions or as otherwise required by HIPAA, unless you have authorized additional disclosures. Your protected health information cannot be used for employment purposes without your specific authorization.

#### **Your Rights**

Right to Inspect and Copy. In most cases, you have the right to inspect and copy the protected health information we maintain about you. If you request copies, we will charge you a reasonable fee to cover the costs of copying, mailing, or other expenses associated with your request. Your request to inspect or review your health information must be submitted in writing to the person listed below. In some circumstances, we may deny your request to inspect and copy your health information. To the extent your information is held in an electronic health record, you may be able to receive the information in an electronic format.

Right to Amend. If you believe that information within your records is incorrect or if important information is missing, you have the right to request that we correct the existing information or add the missing information. Your request to amend your health information must be submitted in writing to the person listed below. In some circumstances, we may deny your request to amend your health information. If we deny your request, you may file a statement of disagreement with us for inclusion in any future disclosures of the disputed information.

Right to an Accounting of Disclosures. You have the right to receive an accounting of certain disclosures of your protected health information. The accounting will not include disclosures that were made (1) for purposes of treatment, payment or health care operations; (2) to you; (3) pursuant to your authorization; (4) to your friends or family in your presence or because of an emergency; (5) for national security purposes; or (6) incidental to otherwise permissible disclosures.

Your request for an accounting must be submitted in writing to the person listed below. You may request an accounting of disclosures made within the last six years. You may request one accounting free of charge within a 12-month period.

Right to Request Restrictions. You have the right to request that we not use or disclose information for treatment, payment, or other administrative purposes except when specifically authorized by you, when required by law, or in emergency circumstances. You also have the right to request that we limit the protected health information that we disclose to someone involved in your care or the payment for your care, such as a family member or friend. Your request for restrictions must be submitted in writing to the person listed below. We will consider your request, but in most cases are not legally obligated to agree to those restrictions.

Right to Request Confidential Communications. You have the right to receive confidential communications containing your health information. Your request for restrictions must be submitted in writing to the person listed below. We are required to accommodate reasonable requests. For example, you may ask that we contact you at your place of employment or send communications regarding treatment to an alternate address.

Right to be Notified of a Breach. You have the right to be notified in the event that we (or one of our Business Associates) discover a breach of your unsecured protected health information. Notice of any such breach will be made in accordance with federal requirements.

Right to Receive a Paper Copy of this Notice. If you have agreed to accept this notice electronically, you also have a right to obtain a paper copy of this notice from us upon request. To obtain a paper copy of this notice, please contact the person listed below.

#### **Our Legal Responsibilities**

We are required by law to maintain the privacy of your protected health information, provide you with this notice about our legal duties and privacy practices with respect to protected health information and notify affected individuals following a breach of unsecured protected health information.

We may change our policies at any time and reserve the right to make the change effective for all protective health information that we maintain. In the event that we make a significant change in our policies, we will provide you with a revised copy of this notice. You can also request a copy of our notice at any time. For more information about our privacy practices, contact the person listed below.

If you have any questions or complaints, please contact: Amy George

Dwyer Franchising, LLC dba Neighborly 1020 N. University Parks Dr.

Waco, TX 76707

254.651.3404 & amy.george@nbly.com

#### **Complaints**

If you are concerned that we have violated your privacy rights, or you disagree with a decision we made about access to your records, you may contact the person listed above. You also may send a written complaint to the U.S. Department of Health and Human Services — Office of Civil Rights. The person listed above can provide you with the appropriate address upon request or you may visit www.hhs.gov/ocr for further information. You will not be penalized or retaliated against for filing a complaint with the Office of Civil Rights or with us.

# IMPORTANT NOTICE FROM NEIGHBORLY ABOUT YOUR PRESCRIPTION DRUG COVERAGE AND MEDICARE

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Dwyer Franchising, LLC dba Neighborly and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make decisions about your prescription drug coverage is at the end of this notice.

There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.

Neighborly has determined that the prescription drug coverage offered by Neighborly plan is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### WHEN CAN YOU JOIN A MEDICARE DRUG PLAN?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15th to December 7th.

However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

# WHAT HAPPENS TO YOUR CURRENT COVERAGE IF YOU DECIDE TO JOIN A MEDICARE DRUG PLAN?

If you decide to join a Medicare drug plan, your current Neighborly coverage will not be affected. If you do decide to join a Medicare drug plan and drop your current Neighborly coverage, be aware that you and your dependents may not be able to get this coverage back.

# WHEN WILL YOU PAY A HIGHER PREMIUM (PENALTY) TO JOIN A MEDICARE DRUG PLAN?

You should also know that if you drop or lose your current coverage with Neighborly and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later.

If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

# FOR MORE INFORMATION ABOUT THIS NOTICE OR YOUR CURRENT PRESCRIPTION DRUG COVERAGE...

Contact the person listed below for further information.

NOTE: You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through Neighborly changes. You also may request a copy of this notice at any time.

# FOR MORE INFORMATION ABOUT YOUR OPTIONS UNDER MEDICARE PRESCRIPTION DRUG COVERAGE...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

# FOR MORE INFORMATION ABOUT MEDICARE PRESCRIPTION DRUG COVERAGE:

- Visit www.medicare.gov.
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of "Medicare & You" handbook for their telephone number) for personalized help
- Call 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 1-800-772-1213 (TTY 1-800-325-0778).

Remember: Keep this creditable coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

Date: 1/1/2025

Name of Entity/Sender: Dwyer Franchising, LLC

dba Neighborly

Contact/Office: Amy George

Address: 1020 N. University Parks Dr., Waco, TX 76707

Phone Number: 254.651.3404

## **OTHER NOTICES**

# WELLNESS PROGRAM AND REASONABLE ALTERNATIVES NOTICE

Neighborly Wellness is a voluntary wellness program available to all employees. The program is administered according to federal rules permitting employer-sponsored wellness programs that seek to improve employee health or prevent disease, including the Americans with Disabilities Act of 1990, the Genetic Information Nondiscrimination Act of 2008, and the Health Insurance Portability and Accountability Act, as applicable, among others. If you choose to participate in the wellness program you will be asked to complete a tobacco-free affidavit or a tobacco-cessation program.

However, employees who choose to participate in the wellness program will receive an incentive of \$40 per month penalty for tobacco use.

#### PROTECTIONS FROM DISCLOSURE OF MEDICAL INFORMATION

We are required by law to maintain the privacy and security of your personally identifiable health information. Although the wellness program and Dwyer Franchising, LLC dba Neighborly may use aggregate information it collects to design a program based on identified health risks in the workplace, Neighborly Wellness will never disclose any of your personal information either publicly or to the employer, except as necessary to respond to a request from you for a reasonable accommodation needed to participate in the wellness program, or as expressly permitted by law. Medical information that personally identifies you that is provided in connection with the wellness program will not be provided to your supervisors or managers and may never be used to make decisions regarding your employment.

Your health information will not be sold, exchanged, transferred, or otherwise disclosed except to the extent permitted by law to carry out specific activities related to the wellness program, and you will not be asked or required to waive the confidentiality of your health information as a condition of participating in the wellness program or receiving an incentive. Anyone who receives your information for purposes of providing you services as part of the wellness program will abide by the same confidentiality requirements.

In addition, all medical information obtained through the wellness program will be maintained separate from your personnel records, information stored electronically will be encrypted, and no information you provide as part of the wellness program will be used in making any employment decision. Appropriate precautions will be taken to avoid any data breach, and in the event a data breach occurs involving information you provide in connection with the wellness program, we will notify you immediately.

You may not be discriminated against in employment because of the medical information you provide as part of participating in the wellness program, nor may you be subjected to retaliation if you choose not to participate.

#### REASONABLE ALTERNATIVES

Your health plan is committed to helping you achieve your best health. Rewards for participating in a wellness program are available to all eligible employees. If you think you might be unable to meet a standard for a reward under the Neighborly wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Brandy Hamilton at brandy.hamilton@nbly.com and we will work with you (and if you wish, with your doctor) to find a wellness program with the same reward that is right for you in light of your health status.

If you have questions or concerns regarding this notice, or about protections against discrimination and retaliation, please contact Brandy Hamilton at 254.651.1737.

# EXPANDED COVERAGE FOR WOMEN'S PREVENTIVE CARE

Under the Affordable Care Act, Neighborly provides female plan participants with expanded access to recommended in-network preventive services, including contraceptives, without cost sharing.

Additional women's preventive services that will be covered without cost sharing requirements include:

- · Well-woman visits
- · Gestational diabetes screening
- HPV DNA testing
- · STI counseling, and HIV screening and counseling
- Contraception and contraceptive counseling
- Breastfeeding support, supplies, and counseling
- · Domestic violence screening
- For a description of what these items include, visit https://www.healthcare.gov/preventive-care-women/.

## **60-DAY SPECIAL ENROLLMENT PERIOD**

In addition to the qualifying events listed in the enrollment guide, you and your dependents will have a special 60-day period to elect or discontinue coverage if:

- You or your dependent's Medicaid or Children's Health Insurance Program (CHIP) coverage is terminated as a result of loss of eligibility; or
- You or your dependent becomes eligible for a premium assistance subsidy under Medicaid or CHIP.

#### NOTICE OF SPECIAL ENROLLMENT RIGHTS

If you decline enrollment in medical coverage for yourself or your dependents (including your spouse) because of other health insurance coverage, you may be able to enroll yourself or your dependents in Dwyer Franchising, LLC dba Neighborly medical coverage if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing toward your or your dependents' other coverage). However, you must request enrollment no more than 30 days after your or your dependent's other coverage ends (or after the employer stops contributing to the other coverage). In addition, if you have a new dependent as a result of marriage, birth, adoption or placement for adoption, you can enroll yourself and your dependents in Neighborly medical coverage as long as you request enrollment by contacting the benefits manager no more than 30 days after the marriage, birth, adoption or placement for adoption. For more information, contact Neighborly, Brandy Hamilton at 254.651.1737.

# NEWBORN & MOTHERS HEALTH PROTECTION NOTICE

For maternity hospital stays, in accordance with federal law, the Plan does not restrict benefits, for any hospital length of stay in connection with childbirth for the mother or newborn child, to less than 48 hours following a vaginal delivery or less than 96 hours following a Cesarean delivery.

However, federal law generally does not prevent the mother's or newborn's attending care provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours, as applicable). The plan cannot require a provider to prescribe a length of stay any shorter than 48 hours (or 96 hours following a Cesarean delivery).

# WOMEN'S HEALTH AND CANCER RIGHTS ACT OF 1998

If you have had or are going to have a mastectomy, you may be entitled to certain benefits under the Women's Health and Cancer Rights Act of 1998 (WHCRA). For individuals receiving mastectomy-related benefits, coverage will be provided in a manner determined in consultations with the attending physician and the patient, for:

- All states of reconstruction of the breast on which the mastectomy was performed
- Surgery and reconstruction of the other breast to produce a symmetrical appearance
- Prostheses
- Treatment of physical complications of the mastectomy, including lymphedema

These benefits will be provided subject to the same deductibles, copays and coinsurance applicable to other medical and surgical benefits provided under your medical plan. For more information on WHCRA benefits, contact the Dwyer Franchising, LLC dba Neighborly or your medical plan administrator.

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This brochure highlights the main features of the Neighborly Employee Benefits Program. It does not include all plan rules, details, limitations, and exclusions. The terms of your benefit plans are governed by legal documents, including insurance contracts. Should there be an inconsistency between this brochure and the legal plan documents, the plan documents are the final authority. Neighborly reserves the right to change or discontinue its employee benefits plans at any time.