

Extra Services

Resources For Living EAP Website (EAP)

Resources for Living is an employer sponsored program available at no cost to you and all members of your household. That includes dependent children up to age 26 whether or not they live at home. Services are confidential and available 24 hours a day, 7 days a week. Here you can access educational resources on a variety of topics, including:

DAILY LIFE ASSISTANCE

Resources for Living can give you personalized guidance and help you find resources for:

- Child care, parenting, adoption
- Caregiver support
- Special needs
- Care for older adults
- Pet care

FINANCIAL SERVICES

Call for a free 30-minute consultation for each financial topic related to:

- Budgeting
- Retirement or other financial planning
- Mortgages and refinancing
- Credit and debt issues
- College funding
- Tax and IRS questions and preparation

EMOTIONAL WELL BEING SUPPORT

You can access up to 6 free counseling sessions per issue each year. Counseling sessions can cover a wide range of issues including:

- Relationship Support
- Stress management
- Grief and loss
- Work/life balance

LEGAL SERVICES

Free 30 minute consultation with a participating attorney for each new legal topic related to:

- Family
- Criminal law
- Divorce
- Mediation services
- Real estate transactions

ONLINE RESOURCES

Your member website offers a full range of tools and resources to help with emotional wellbeing, work/life balance and more. You'll find articles and self assessments, video resources, live and recorded webinars. Other offers found online include

- Discount Center
- Fitness Discounts

Resources for Living EAP Website

To access services:

Website: www.resourcesforliving.com

User Name: **RHP** | Password: **RHP**

Phone: **800.272.7252**

Also available in Spanish

Resources for Living Mobile App

You can find a helping hand wherever you go. You can access your EAP Benefits anytime or anywhere. The app is available from the Apple App Store or Google Play store, search for "Resources for Living" to install.