

## DID YOU KNOW?

**Every \$1 spent on preventive care can save up to \$3 in future healthcare costs. (Source: *The Centers for Disease Control and Prevention*)**

**Preventive care** includes routine health services that help **detect, prevent, or manage illnesses** before they become serious. It supports overall well-being and reduces long-term healthcare costs. Under the Affordable Care Act (ACA), **Fort Bend ISD's medical benefit plans provide coverage for certain preventive health care services at zero cost to employee and dependents.**

The Fort Bend ISD Employee Wellness Program offers:

- **Employee Incentive Programs**
  - \$25 eGift Card for completion of one annual preventive screening
  - \$125 eGift Card for completion of Maternity Support program
- **On-site Screenings**
  - Mobile Mammograms
  - Flu Vaccinations
  - COVID-19, Pneumonia, and Shingle Vaccine
  - Muscle and Joint pain assessments
  - Blood Pressure Monitoring Kiosk (**upgrading current kiosks at both Transportation Centers and expanding to Facilities, Police Dept, and FBISD Admin for the 2025-2026 school year**).

**Fort Bend ISD is committed to helping employees and their family members live a healthier life!**

Stay informed and connected with the FBISD LiveWell App!



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FBISD LiveWell  
App Today!**

Available to ALL FBISD Employees



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