

BENEFITS NEWS

October 2023

ANNUAL ENROLLMENT



Annual Enrollment for the 2024 calendar year is October 16-27, 2023. Your annual enrollment packet will be mailed to your home soon with additional information. Any benefit changes made during this time will take effect on January 1, 2024. Annual enrollment is a great opportunity to review and make changes to your benefits. This is also a great time to make sure your life insurance and 401(k) beneficiary information is up to date. Powell's benefit information is located on Empowered, www.Powellind.com/Empowered.

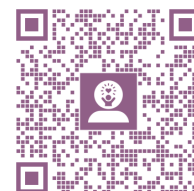
MDLIVE BEHAVIORAL HEALTH

If you participate in one of Powell's medical plans, Powell provides a telemedicine benefit through MDLIVE telemedicine that includes behavioral healthcare visits for you and your covered dependents.

Virtual visits connect you with an independently contracted, board-certified doctor or therapist by secure online video. There's no travel and no waiting room—just a convenient, affordable and confidential consultation in the comfort of your own home, office or on-the-go. Virtual visits are \$25. Visit MDLIVE.com/bcbstx for more information.

VIRTUAL WELLNESS FAIR

Powell's Virtual Wellness Fair is a new addition to Powell's Empowered website under YOUR WELLBEING that features useful information, websites and educational videos related to heart health, diabetes, mental health and financial fitness. Go to www.Powellind.com/Empowered or scan the QR code to visit the Virtual Wellness Fair.



Text BENEFITS to 833-234-9576 to receive text messages regarding important Benefits information.

Questions on Benefits? Check out Powell's Benefit Web Portal, EMPOWERED or call the Powell Benefits Center at 1-855- 855-7610.