



HEALTH BOOST

This benefit package offers convenience focused on your well-being and includes no-cost virtual doctor visits, counseling services, and discounts on dental, vision, prescriptions, and everyday deals!



Teladoc - \$0 Visit Fee

Feel better now! 24/7 access to a doctor is only a call or click away—anytime, anywhere with a \$0 visit fee for general medical issues. With Teladoc, you can talk to a doctor by phone or online video to get a diagnosis, treatment options and prescription, if medically necessary. **Save time and money** by avoiding crowded waiting rooms in the doctor's office, urgent care clinic or ER. Just use your phone, computer, smartphone or tablet to get a quick diagnosis by a U.S.-licensed physician.



Counseling Services

Need to talk it out? Let experienced counselors help address personal problems. Call 24/7 for an assessment, then schedule up to six free sessions via phone call, virtually, and/or face-to-face to discuss job issues, financial or legal stress, relationship issues, grief or loss, and more.

- Sessions are typically available within three business days of your initial call
- Get help determining the best course of action with strategies like goal setting, and solution-focused problem-solving
- All counselors have a master's degree and a minimum of 2 years experience post-licensure
- Counseling Services does not provide financial or legal advice but can assist with stress and anxiety caused by financial or legal issues

\$11.10
PER MONTH

includes member, spouse and dependents

Vision

Your eyes are the windows to your health. Now you and your family can see better savings at thousands of vision providers nationwide, including national chains and local retailers. You **save 10% to 60%** on glasses, contacts, laser surgery, and exams.

Dental

Smile brighter with big savings at over 262,000* available dental practice locations nationwide. Use your card over and over again to keep your teeth sparkling clean!

- In most instances, save 15% to 50% per visit**
- Save on dental services such as cleanings, X-rays, crowns, root canals and fillings
- Need specialty dental care? Save on orthodontics and periodontics, too!
- Show your card with the Aetna Dental Access® logo and pay the discounted price at checkout

*As of April 2020. **Actual costs and savings vary by provider, service and geographical area.

Alternative Medicine

Traditional medicine is not the only answer! Save 10% to 30% on your health and wellness needs with over 35 specialties and 35,000 practitioners nationwide. Whether you want to **reduce stress**, relieve migraines or quit smoking, alternative medicine can help.

- Acupuncture, Massage Therapy, Nutritional Counseling, Biofeedback, Hypnotherapy, Reflexology, and more
- Popular exercise and movement specialties such as Yoga, Tai Chi and Pilates

NB Rx

Healthcare keeps getting more expensive, but you shouldn't have to choose between your prescription medications and other essential expenses. Make sure you're always getting the best deal on your prescriptions with deep discounts through NB Rx.

Save 10% to 85% on most prescriptions at 60,000 retail pharmacies nationwide.

NB Deals

Big savings are just a click away! NB Deals is your one-stop-shop for exclusive discounts on brands and experiences you know and love. Browse over 40 different categories across 500+ merchants for endless opportunities to save, with new deals added weekly.

ACCESS YOUR BENEFITS ON THE GO!

With the **My Benefits Work™** mobile app & portal



DISCLOSURES

This program is NOT insurance coverage and does not meet the minimum creditable coverage requirements under the Affordable Care Act or Massachusetts M.G.L. c. 111M and 956 CMR 5.00. It contains a 30-day cancellation period, provides discounts only at the offices of contracted health care providers, and each member is obligated to pay the discounted medical charges in full at the point of service. The range of discounts for medical or ancillary services provided under the program will vary depending on the type of provider and medical or ancillary service received. Member shall receive a reimbursement of all periodic membership fees if membership is canceled within the first 30 days after the effective date. Discount Plan Organization: New Benefits, Ltd., Attn: Compliance Department, PO Box 803475, Dallas, TX 75380-3475, 800-800-7616. Website to obtain participating providers: MyBenefitsWork.com.

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Counseling services are not available for minors 13 and under.

Dental Disclosure: The discount program provides access to the Aetna Dental Access® network, which is administered by Aetna Life Insurance Company (ALIC). ALIC does not offer or administer the discount program, and is not an affiliate, agent or principal of the discount program. Dental providers are independent contractors and not employees or agents of ALIC. ALIC does not provide dental care or treatment and is not responsible for outcomes.

Not available to residents in UT, VT, & WA.