REGENEXX ADVANTAGES

Regenexx uses your body's natural healing agents to **replace the need for up to 70% of elective orthopedic surgeries.**

Your stem cells and blood platelets are concentrated in our on-site orthobiologics lab and injected under image guidance into the precise area of your injury where they treat your damaged bone, cartilage, muscle, tendon, and ligament tissues. With Regenexx, you can get back to doing what you love without invasive surgery and lengthy recovery.

- Less risk for complications or other side effects
- Minimally invasive
- Outpatient procedure
- Greatly reduced recovery time

REGENEXX NATIONAL NETWORK

COVERED LOCATIONS

Regenexx®

QCR HOLDINGS, INC.
a relationship driven organization®

60+ CLINIC LOCATIONS IN THE UNITED STATES



Regenexx has the only national network of Interventional Orthopedics clinics. Each **Regenexx** physician receives hundreds of hours of hands-on training in our proprietary procedures to make sure that every patient receives the highest quality of care.

To speak with a QCR Holdings, Inc. Regenexx Patient Liaison call **866-336-2448** or visit **regenexxbenefits.com/qcrh**

Regenexx®

QCR HOLDINGS, INC.
a relationship driven organization®

YOUR **ALTERNATIVE** TO ORTHOPEDIC SURGERY



Regenexx®

Can you heal without surgery?

Regenexx procedures can replace the need for up to 70% of elective orthopedic surgeries with our minimally invasive approach. Regenexx has helped thousands return to normal function with limited downtime and without invasive surgery.

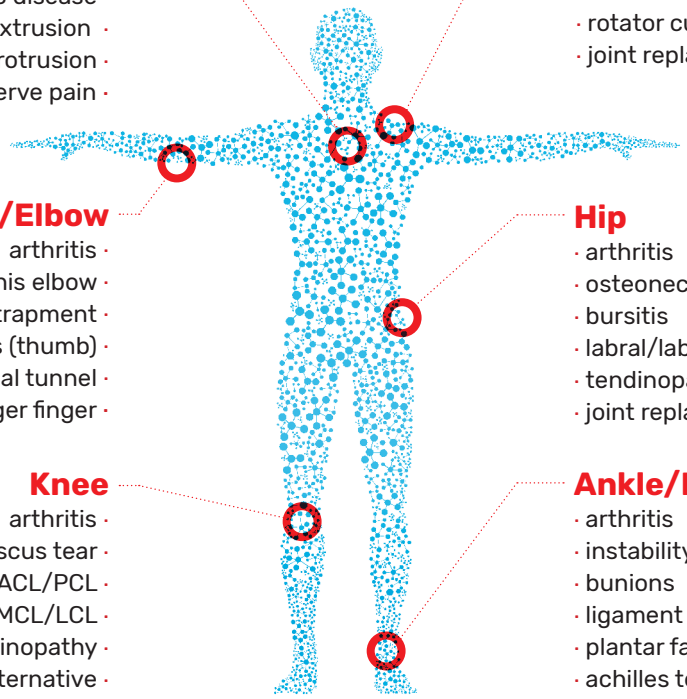
The procedure experience

Regenexx procedures are injection-based, outpatient procedures. On procedure days, blood or stem-cells are collected in the morning, processed in our on-site lab, and reinjected under ultrasound and/or fluoroscopy guidance in the afternoon. Most patients describe only moderate discomfort, and patients are encouraged to re-engage in activity within a week following the procedure.

Next Steps

A dedicated patient liaison, who understands QCR Holdings, Inc.'s benefits, will help you through the process of scheduling a consultation with a Regenexx physician and will walk you through your next steps at a clinic near you.
To speak with a QCR Holdings, Inc. Regenexx Patient Liaison, call 866-336-2448 or visit regenexxbenefits.com/qcrh to learn more about Regenexx as a covered benefit.

CONDITIONS TREATED



Spine
- bulging, collapsed, or herniated disc
- ruptured or torn disc
- degenerative disc disease
- disc extrusion
- disc protrusion
- back or neck nerve pain

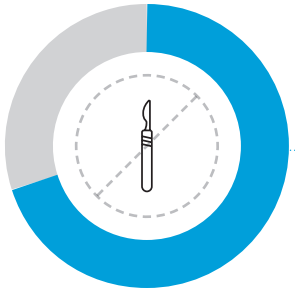
Shoulder
- arthritis
- rotator cuff tears
- labral tear
- rotator cuff tendinosis
- joint replacement alternative

Hand/Wrist/Elbow
- arthritis
- tennis elbow
- ulnar nerve entrapment
- CMC joint arthritis (thumb)
- carpal tunnel
- trigger finger

Hip
- arthritis
- osteonecrosis
- bursitis
- labral/labrum tear
- tendinopathy
- joint replacement alternative

Knee
- arthritis
- meniscus tear
- sprain or tear of ACL/PCL
- sprain or tear of the MCL/LCL
- tendinopathy
- joint replacement alternative

Ankle/Foot
- arthritis
- instability
- bunions
- ligament sprain or tear
- plantar fasciitis
- achilles tendinopathy



Regenexx procedures can replace the need for up to

70%

of elective orthopedic surgeries with our minimally invasive approach

NEXT STEPS To speak with a QCR Holdings, Inc. Regenexx Patient Liaison call **866-336-2448** or visit **regenexxbenefits.com/qcrh**