MetLife | Disability





We're here to help!

MetLife is on your team.

Telephonic Reporting:

If you become and/or expect to be disabled due to an injury, sickness, or pregnancy or are absent from work due to Family Medical Leave (FML) or any other type of company approved absence or leave, you probably don't want to worry about paperwork.

MetLife will help make submitting a claim easier by offering absence and disability claim filing by telephone! Simply call MetLife at 1-866-729-9200 or log into our secure web portal at **mybenefits.metlife.com**.

Remember that you may also need to contact your employer to report your absence.

Metropolitan Life Insurance Company | 200 Park Avenue | New York, NY10166
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