

Follow these easy steps to order your genetic health screen

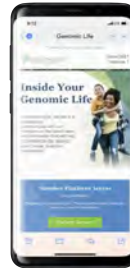


1



Following your program effective date, you will receive your **Welcome Email**.

2



Click on the link in the Welcome Email to enter the platform.

Member Platform

3



You will be directed to a page where you will **Enter Your Email**. Please use the same email used for enrollment.

4



Important

When you set up your platform you will be guided through consent forms that allow the platform to display your test results.

5



Claim Your Test

Once on the landing page, click "Request This Kit" to begin the kit ordering process.

6



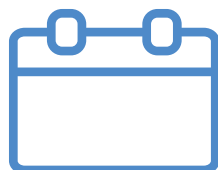
When you receive your kit in the mail, make sure to follow all of the instructions provided in the box to activate your kit and **provide a good saliva sample.**

7



Mail your kit back to **Invitae** using the self-addressed envelope included in your kit.

8



Once the sample arrives at the Invitae laboratory, it will take an average of **10–21 days to receive your results.**

9



View Your Results.

You will be notified when your results are ready on the Genomic Life Member Platform. Our partners may also email or text you to recommended next steps — remember, you can share the results with your healthcare provider.

10



If you have questions about your results, genetic counselors are available by phone to discuss what your results mean for you and your family and which steps you may consider next.

11



Next, you and your doctor will decide how you want to proceed with your screening information.

You can also share the information with your family.



Family Follow-Up Testing Program

Genetic test results may have health implications not only for an individual, but for an entire family. If you receive a positive test result, family follow-up testing can help identify other family members at risk for the same genetic disease.

Learn more at: [Invitae.com/en/family](https://www.invitae.com/en/family)



For more information call us at **844-MYGENOME** or visit www.GenomicLife.com.

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