



# The right care when you need it most.

Get the most out of your virtual care benefits



# Teladoc:

## Care from anywhere

Teladoc provides access to care through your health benefits from anywhere you are. Talk to a U.S. board-certified doctor, therapist or psychiatrist, get an online dermatology review, speak with a nutritionist, or get expert medical advice by phone, video, web or app. We're here for you when you need us. Set up or log in to your account to see what services are covered under your plan.



**+7,000**

U.S.-licensed, board-certified  
doctors



**24/7**

access to doctors by  
phone, video, web or app  
from home



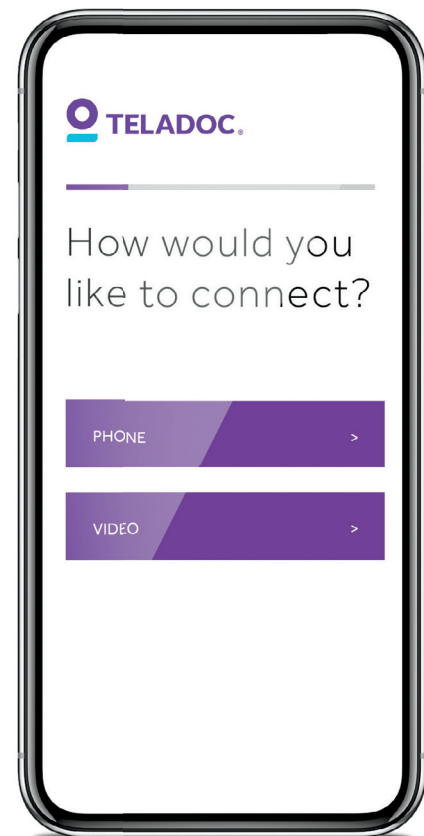
**+450**

Our experts cover over  
450 medical specialties

## Set up your Teladoc account in minutes

Access all of your virtual care services from our secure, award-winning app.

- 1 Download the app, go online or call us
- 2 Enter your first and last name, date of birth and ZIP code to get started
- 3 Provide basic information to confirm your benefits
- 4 Select your health provider and finish creating your account
- 5 Schedule a confidential virtual care visit or consult at your convenience





# General Medical

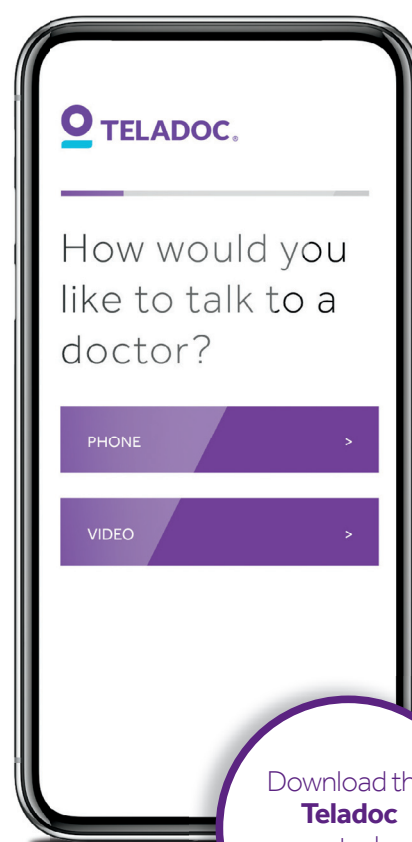
24/7 access to doctors from anywhere

Talk to a U.S.-licensed doctor for non-emergency conditions 24/7 from anywhere you are. We treat:

- Bronchitis
- Flu
- Rashes
- Sinus infections
- Sore throats
- And more

## How it works:

- 1 Download the app, go online or call us to set up your account or log in
- 2 Complete or update a brief medical history
- 3 Request a visit and talk to a doctor within minutes



Download the  
**Teladoc**  
app today.



## Get started today

Download the app | Visit [Teladoc.com](https://www.teladoc.com) | Call 1-800-TELADOC (835-2362)

