



Your confidential **Employee Assistance Program (EAP)**,
and resources to support
your mental, physical, social,
and financial wellbeing.





Access your Employee Assistance Program (EAP) 24/7 by phone, web or mobile app.

- 1 Download the TELUS Health One app or visit one.telushealth.com
- 2 Log in with the username and password below:

Username:

thrasher

Password:

eap

Online:

one.telushealth.com

Call us:

1-888-851-7032

