

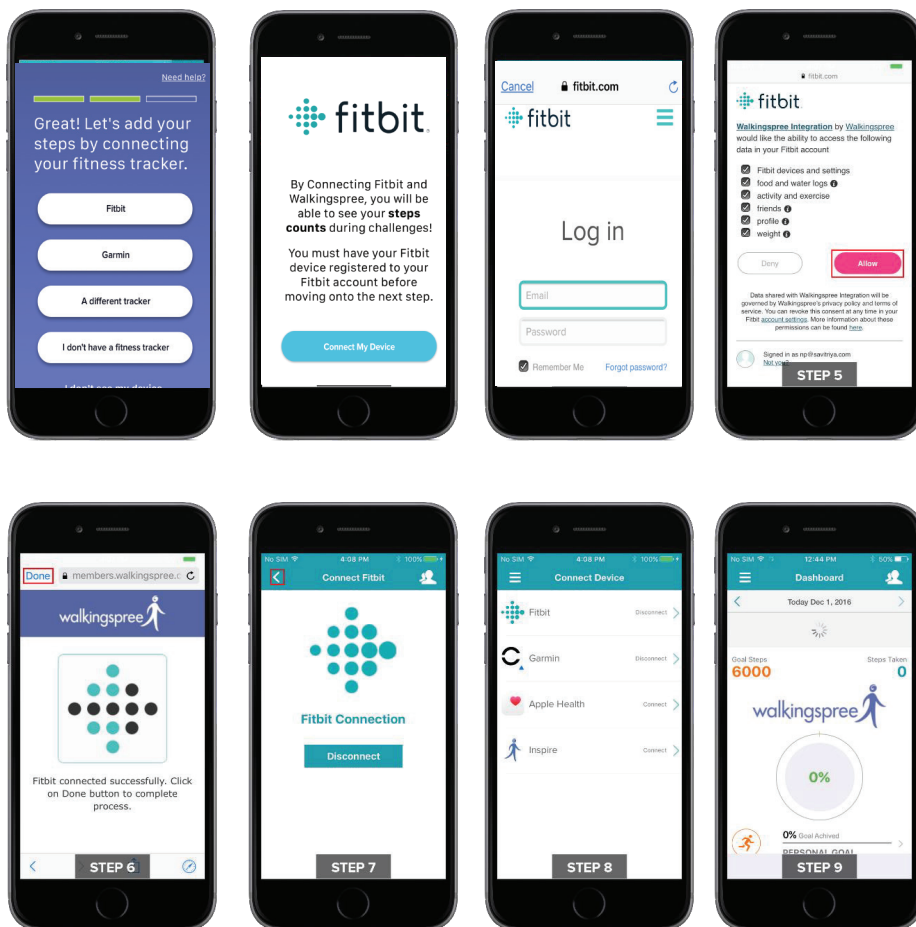


# CONNECTING DEVICES INFORMATION

If you received a a Fitbit from Walkingspree, follow the steps to create a Fitbit account & setup your Fitbit device/software. Once completed, it will prompt you to connect your Fitbit account to Walkingspree.

If you did not receive your Fitbit from Walkingspree, you will still need to ensure you have a Fitbit account/software and your device is registered to Fitbit. The Fitbit mobile app is recommended.

1. Select Fitbit.
2. Click Connect Device
3. It will prompt you to login to your Fitbit account with Fitbit email/password.
4. Steps, Activity and exercise, profile, Fitbit devices and settings must remain checked. Click allow
5. Data is automatically sent throughout day to Walkingspree. Click on Dashboard to do a forced sync



## FITBIT CONNECTION



# FITBIT TROUBLESHOOTING

## Accounts connected but no steps in Walkingspree?

Data flows from your Fitbit device to the Fitbit mobile app/website to the Walkingspree website to the Walkingspree mobile. Always check you have steps in your Fitbit account first if you have no steps in Walkingspree

1. Check Fitbit mobile app/Website - Assuming you have already [connected your Fitbit account to your Walkingspree account](#)

**Fitbit Syncing via Fitbit Mobile App** - If you are using the Fitbit mobile app to sync - click on the rectangle account icon in the top right corner. Click on your device and then click the sync now option

**Fitbit Syncing via Desktop Computer** - If you use the Fitbit software on a desktop with a dongle to sync and your steps are not syncing. Reboot your computer, then right click on the Fitbit software icon in the lower right taskbar and choose sync now. Be sure to wake up your Zip by tapping it if you are using a Zip.

**IMPORTANT:** If you purchase a replacement Fitbit, it is important to register your Fitbit to your existing Fitbit account and not create a new Fitbit account for the new Fitbit device.

**FITBIT MOBILE APP:** If you previously use the Fitbit desktop and dongle to sync and want to use the Fitbit Mobile app, it is VERY important you do not accidentally create a new Fitbit account. Choose login to exist-  
ing account with the app.



Install Walkingspree (New) App from Google Play/App Store

1. Select Garmin
2. Click Connect Garmin
3. It will prompt you to login to your Garmin account with Garmin email/password.
4. Click Done
5. Click back arrow
6. Click menu options
7. Data is automatically sent over to periodically throughout the day. To do a forced sync, pull down on Walkingspree mobile app dashboard.

#### NOTE:

The Garmin Forerunner 610 and Forerunner 220 does not have a step tracker, so is not compatible with Walkingspree. We recommend that if you have one of these devices that you use your Apple Health or Google Fit to track steps.



# GARMIN CONNECTION

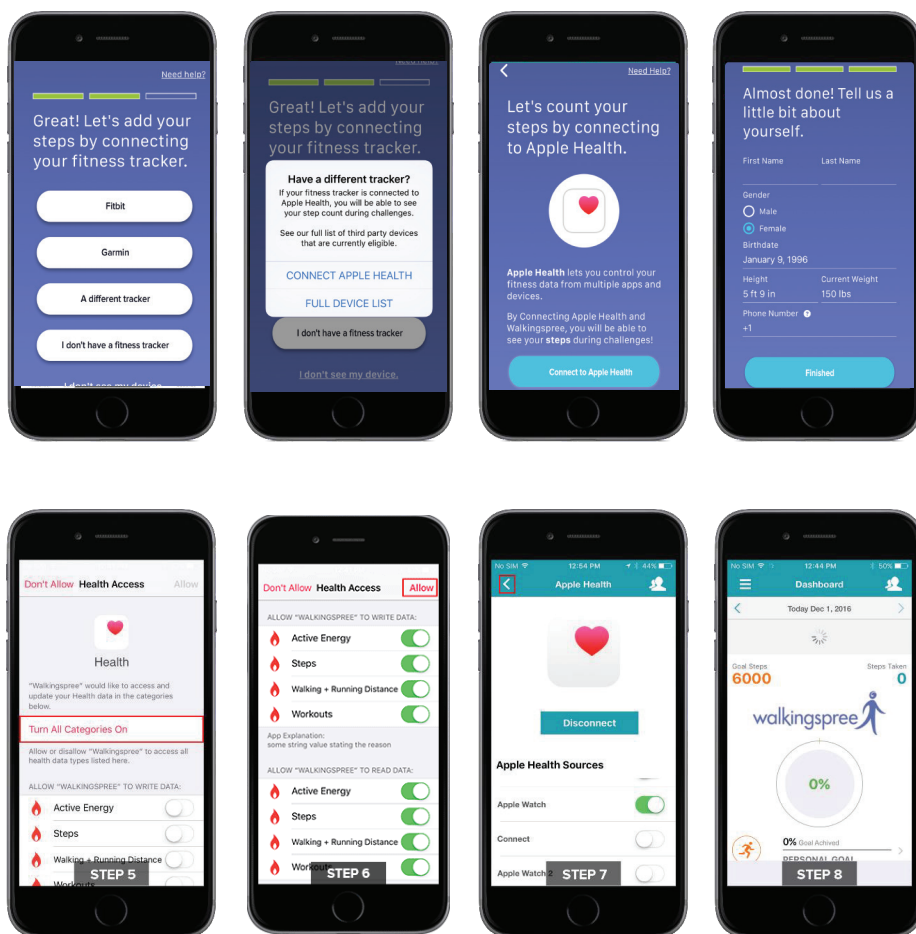




1. Install Walkingspree App from App Store
2. Select "A different tracker"
3. Select Apple Health
4. Click on Connect Apple Health. Click on Connect to Apple Health
5. Enter personal information. Click finished.
6. In Apple Health, Select "Turn all categories on"
7. Toggle on Allow Walkingspree to Read Data.
8. Under Apple Health sources, toggle on "Apple Health". If you are using Apple Watch, toggle on "Apple Watch".
9. Data is automatically sent over to Walkingspree periodically throughout the day. To do a forced sync, pull down on Walkingspree mobile app dashboard.

#### NOTE:

Only steps transfer to Walkingspree. So any activities that do not track actual steps will not transfer to Walkingspree.

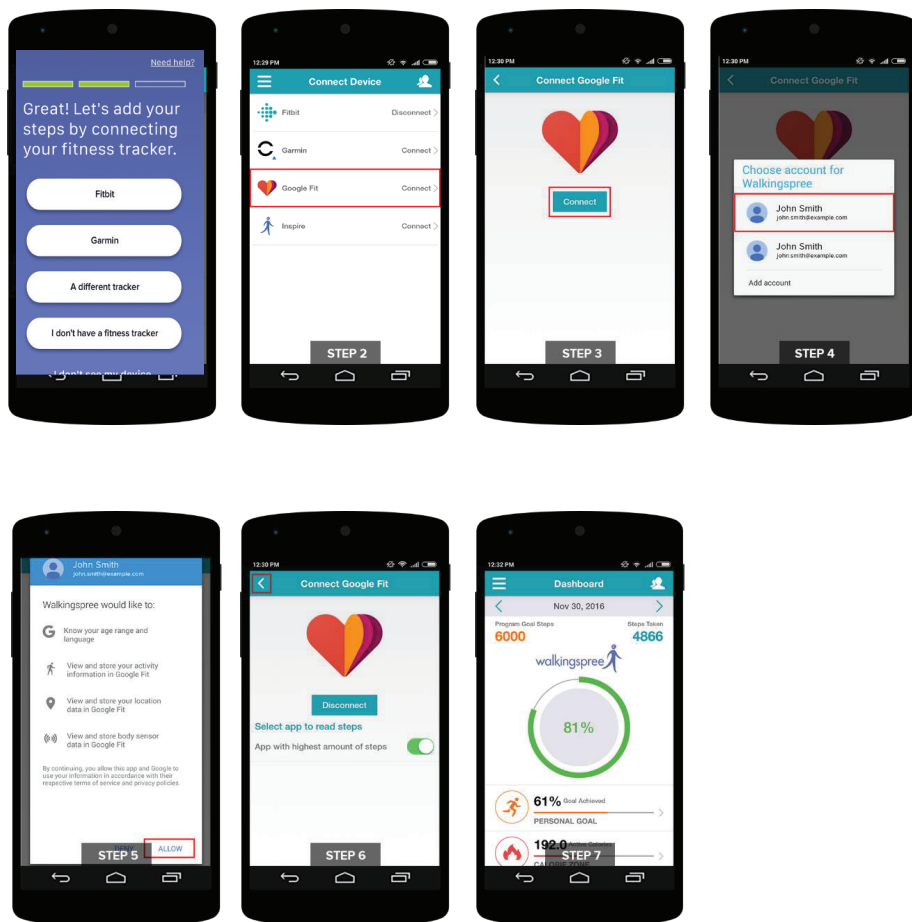


# APPLE HEALTH CONNECTION



Install Walkingspree (New) App from Google Play

1. When connecting, click on I don't see my fitness tracker
2. Click on CONNECT MY PHONE
3. Select Google Fit
4. Click on Connect Google Fit.
5. Enter Google Fit account info. It will bring up a popup. Select your account that has Google Fit data.
6. Click Allow
7. Toggle on "from all apps if using multiple devices/apps" or toggle on specific source.
8. Data is automatically sent over to Walkingspree periodically throughout the day. To do a forced sync, pull down on Walkingspree mobile app dashboard.



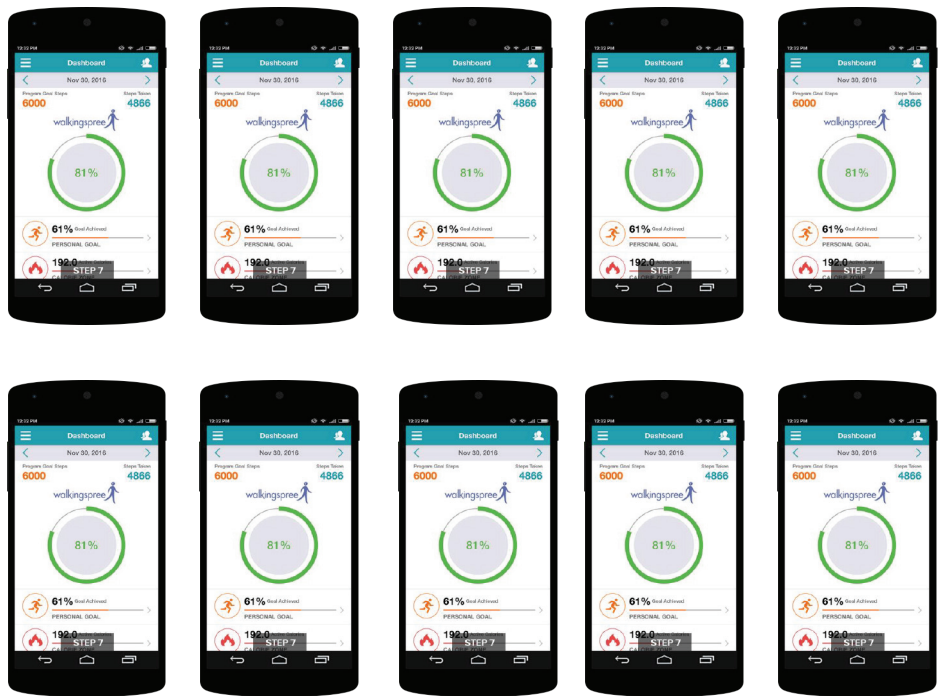
# GOOGLE FIT CONNECTION





Install Walkingspree (New) App from Google Play

1. When connecting, click on I don't see my fitness tracker
2. Click on CONNECT MY PHONE
3. Select Google Fit
4. Click on Connect Google Fit.
5. Enter Google Fit account info. It will bring up a popup. Select your account that has Google Fit data.
6. Click Allow
7. Toggle on "from all apps if using multiple devices/apps" or toggle on specific source.
8. Data is automatically sent over to Walkingspree periodically throughout the day. To do a forced sync, pull down on Walkingspree mobile app dashboard.



# SAMSUNG HEALTH CONNECTION