



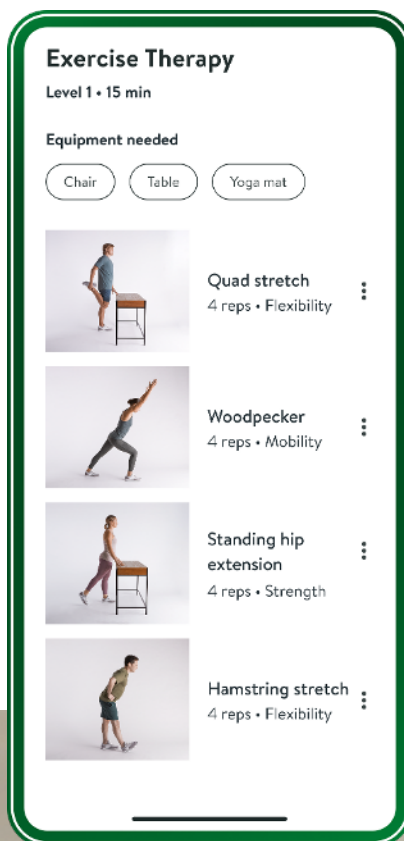
# Hinge Health is transforming the way pain is treated

Musculoskeletal (MSK) spend is rising by eight percent per member per year.<sup>1</sup> People are struggling to manage their pain while costs continue to rise because care is not meeting their wide range of needs.

## You can reduce MSK spend while improving quality of life

With one app, members get expert clinical care that's personalized to their specific needs across the entire continuum of MSK care — from sprains and chronic pain to surgical rehab.

[Hear real Hinge Health members tell their stories →](#)



# #1

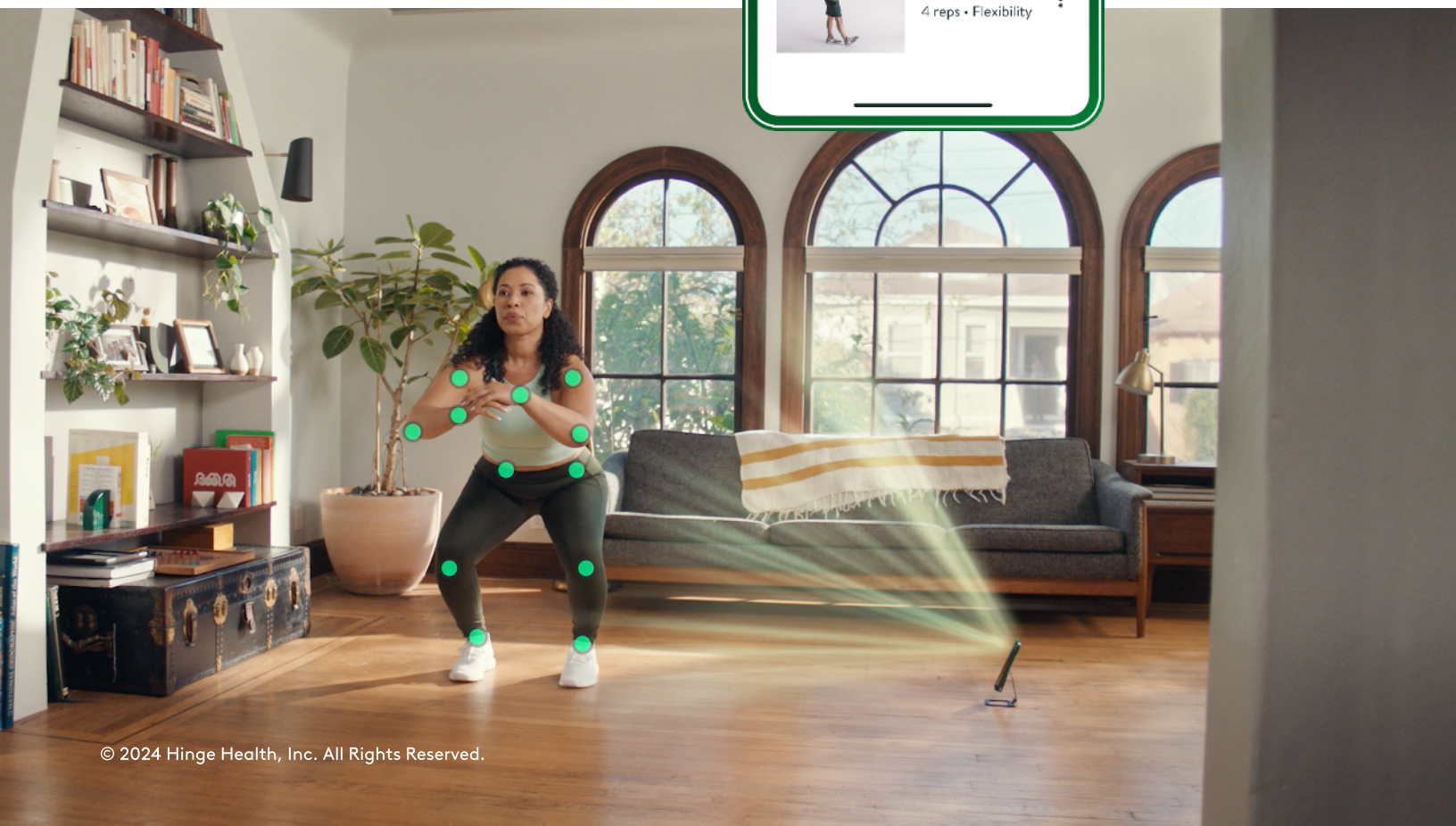
Digital MSK app  
4.9★ rating based on  
30K+ reviews  
and counting

# 68%

average reduction in  
pain per participant<sup>2</sup>

# 50+

member testimonials  
shared every day  
on average



# The right clinical expert and technology for everyone.



A complete clinical team



Technology enhanced care



Physical therapists lead and monitor care.



TrueMotion technology tracks motion and provides real-time feedback.



Board-certified health coaches help members build healthy habits.



FDA-cleared Enso device relieves pain without drugs or surgery.



Orthopedic physicians help members make informed surgery decisions.



Data integration from 1M+ in-person providers creates a complete picture of care

## Trusted by 1,600+ clients



## A low lift 90 day launch

We're partnered with your health plan, so 90% of implementation is already complete. There are only four tasks for you to complete to get up and running in ninety days.

## Why do 4 in 5 companies with a digital MSK solution choose Hinge Health?

**58%**

average reduction in depression & anxiety<sup>2</sup>

**2.4x ROI**

based on medical claims reduction study with 136 employers across 46 industries<sup>4</sup>

**42%**

reduction in new opioid prescriptions<sup>3</sup>

[See how Hinge Health's Digital MSK Clinic works →](#)

**1 in 2**

MSK surgeries avoided<sup>4</sup>

Sources: 1.Hinge Health internal analysis of commercial medical claims data. (2023). 2.In a 12 week study of chronic knee and back program participants. Bailey JF, et al. Digital Care for Chronic Musculoskeletal Pain: 10,000 Participant Longitudinal Cohort Study. J Med Internet Res 2020. 3. In a study comparing Hinge Health members with traditional PT patients. Wang G, et al. Opioid initiation one year after starting a digital musculoskeletal (MSK) program: an observational, longitudinal study with comparison group. J Pain Res. 2023. 4. In a 2022 study comparing 4,207 Hinge Health members with 4,207 matched comparison group members in the year after starting the Hinge Health chronic MSK program, 136 Employer Medical Claims ROI Study, 2022. The study defined surgery as any MSK-related surgical procedure that would have been rendered to a study participant in a 12 month period.