



WHAT IS CARE NAVIGATION?

- **Valenz Surgery & Imaging:** Chalk Mountain medical plan participants have access to a Care Navigation program that provides **best-in-class healthcare at no out of pocket cost to you!***

- **What services are included?**

The more common services include:

- Orthopedic
- General Surgery
- Colonoscopies
- MRIs, CT & PET Scans

SCAN THE QR CODE FOR A FULL LISTING



- **How does it work?** The first step is to engage with a Nurse when a need first arises to determine the options available to you. The Nurse will provide you with participating facilities and physicians in your area, assist with scheduling testing, appointments, coordinate surgery schedule and facilitate post operative care.

- **Who is eligible?** Employees, Spouses and older dependent children (18+) enrolled in the Chalk Mountain medical plan are eligible for this program. Please note Pediatric services are NOT covered through this program.

- **Is the program available in all areas?** The program has facilities and providers across the country. However, dependent on the procedure and location travel may be required.

- **What will my cost be?** If you use one of these programs, you will receive your services at **no cost to you!***

**members enrolled in a HDHP plan must meet the minimum IRS deductible (\$1700 for 2026) before services are free.*

Example Scenario:

John Smith needs a total knee replacement. He has the option of going to any surgeon and facility in his area. However, if John contacts Valenz Health to coordinate his surgery he will receive best in-class care and no out of pocket costs. John is enrolled in the "PPO Plan" with Chalk Mountain. The chart to the right explains the difference in benefits if John uses the Care Navigation program, or if he selects a different provider.



Speak to a Valenz Health nurse....

Please contact Valenz Health directly and speak to a nurse about your healthcare needs and whether they can assist!

The nurse will assist you with:

- Locating a facility and provider in your area for care
- Transferring medical records, if needed
- Coordinate appointment(s) both pre and post procedure
- Coordinate your care and payment for the service!

VALENZ SURGERY & IMAGING



Contact Valenz Health
877-438-5479
kisx@valenzhealth.com

Cost for Total Knee Replacement		
Average Cost = \$57,000		
	Valenz Care Navigation Program	Other Provider
Total Knee Replacement Hospital Bill	\$25,000	\$65,000
Plan Payment	\$25,000	\$60,000
Employee Cost of Claims	\$0	\$5,000
Total Knee Replacement Cost	\$25,000	\$65,000