

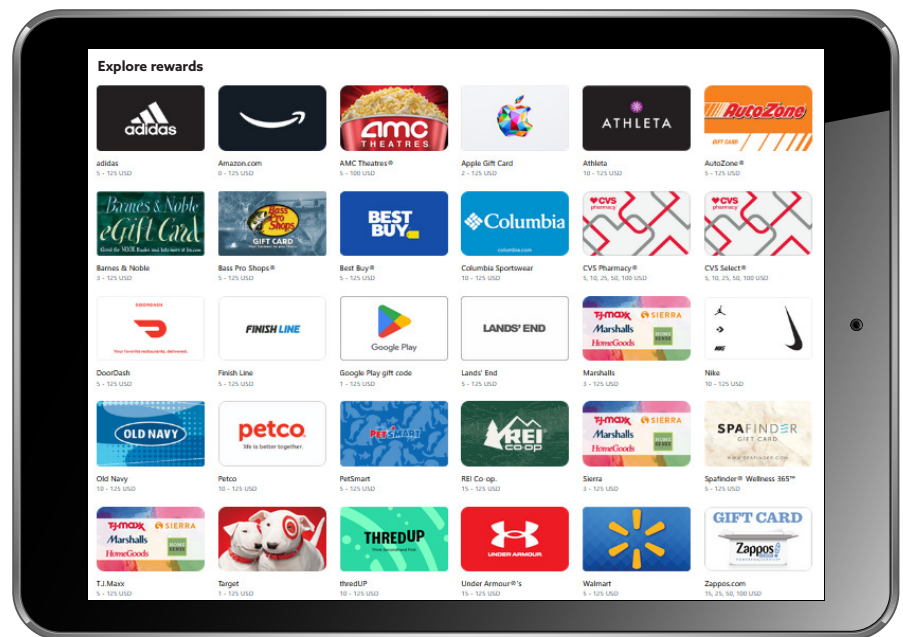
Join the BILH Living Well Program

Earn up to \$150 in gift card rewards!

This customized well-being program is available to BILH employees and their spouses at no cost and you don't need to be enrolled in a BILH medical plan to participate.

How it works

- Set up your online Wellness Account
- Complete the confidential Wellbeing Assessment
- Earn points for completing healthy activities related to preventive care, physical activity, healthy eating, sleep and more
- Once you've earned at least 2,500 points, you'll start earning rewards¹
- Choose from a wide range of gift cards options!



Get Started Today!

Scan the QR code or visit harvardpilgrim.org/bilhlivingwell



¹ Rewards for participating in a wellness program are available to all Beth Israel Lahey Health employees and their spouses, regardless of whether you are enrolled in one of our employer-sponsored medical plans. If you think you might be unable to meet a standard for a reward under this wellness program, you might qualify for an opportunity to earn the same reward by different means. Contact Harvard Pilgrim Living Well Support at LivingWellSupport@point32health.org for more information. Rewards may be considered taxable income, so please consult your tax advisor.