

FLEXIBLE SPENDING ACCOUNTS USE YOUR FSA DOLLARS

This guide is designed to help you maximize your Flexible Spending Account (FSA) benefits and **make the best use of your tax-free money.**



WHAT YOU CAN BUY WITH YOUR FSA

You can easily use your FSA for various qualified health expenses, including:

- **MEDICAL CARE:** Doctor visits, hospital stays, dental work.
- **VISION CARE:** Eye exams, prescription glasses, sunglasses, contact lenses.
- **EVERYDAY WELLNESS:** Bandages, first-aid supplies, over-the-counter medications.
- **SPECIALIZED TREATMENTS:** Chiropractic care and physical therapy are also FSA-eligible.

DON'T LOSE YOUR FUNDS

To effectively manage your FSA, spend your funds on time:

- **END-OF-YEAR DEADLINE:** FSAs expire on the *last day of your plan year*. Any unused funds are then forfeited.
- **CHECK PLAN DETAILS:** Some employers may offer extensions, like a grace period (up to 2.5 months) or carryover options.
- **SUBMITTING CLAIMS:** Make sure you submit claims for reimbursement *BEFORE* the deadline, even with extensions.

MAXIMIZE YOUR BENEFITS

To maximize your FSA benefits:

- **BUDGET:** Estimate healthcare needs for the year, including regular appointments and supplies.
- **TRACK BALANCE:** Monitor your account balance to ensure you spend it all.
- **SHOP SMART:** Use your FSA card at pharmacies or online, or pay out-of-pocket and submit for reimbursement, keeping all receipts.

STOP GUESSING ABOUT WHAT'S ELIGIBLE
visit fsastore.com



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