DELTA DENTAL®

Access Your Member Benefits 24/7

Enjoy 24/7 access to your benefit and claim information, print additional identification cards, read your benefit booklet and Explanation of Benefits (EOB), download our mobile app, search for a dentist, learn about the additional benefits of the Health through Oral Wellness® (HOW®) program, *and so much more—all when it's convenient for you!*

At Northeast Delta Dental we strive to give you the best experience possible. That includes technology with access to the information and tools you need, all while supporting our efforts to ***go green*** by reducing paper waste and our carbon footprint.

HOW® HEALTH through ORAL WELLNESS®

Learn more about HOW®



View your benefits/ Find a dentist



Print ID cards



Download our mobile app



View claims and print EOBs



Read your dental plan booklet



Registration is simple:

1. Go to www.nedelta.com and click on PATIENTS
2. Click Log In or Register Here to get started!
3. Complete the registration process

Note: You will need your Subscriber ID number (found on your ID card or by calling Customer Service at 1-800-832-5700).

Find a Dentist

Finding a dentist in your area is easy!

Find a Dentist is located in the top right corner of every page. Enter some general information about your location and network type, click Search, and a list of dentists serving your area will be displayed. Note: If you are enrolled in a Delta Dental PPO Plus Premier™ program, please be sure to search both networks.

Stretch your annual maximum dollars!

If your Northeast Delta Dental plan includes our PPO network, and if you are looking for ways to save money on your dental care and lower your out-of-pocket dental expenses, consider looking for a Delta Dental PPO™ dentist for your care.



Health *through* Oral Wellness® (HOW®)

Health *through* Oral Wellness® is a program designed to promote better oral health and overall health for Northeast Delta Dental Members. HOW® is all about YOU because it's based on your own specific oral health risks and needs. Best of all, it's secure, confidential, and absolutely FREE.

HOW® HEALTH *through* ORAL WELLNESS®

KNOW YOUR SCORE
Go to HealthThroughOralWellness.com and take the free health risk assessment by clicking on "Free Assessment" in the Know Your Score section of the website.

SHARE YOUR SCORE WITH YOUR DENTIST
Share your results with your dentist at your next dental visit. Your dentist can discuss your results with you and perform a clinical version of the risk assessment. Based on your risk, you may be eligible for additional preventive benefits.*

FOLLOW UP
Continue to communicate with your oral health care team at your visits about how to maximize your HOW® benefits.

**Additional preventive benefits are subject to the provisions of your Northeast Delta Dental policy. Only the clinical risk assessment performed by your dentist can determine your eligibility for additional preventive benefits.*

EyeMed Vision and Hearing Discount Program

- Save up to 35% off eyewear and 40% off hearing exams.
- With Vision Wellness, choose from any available frame, including private practitioners and the most popular retail and online retail locations.
- Hearing Wellness includes discounted, set pricing on thousands of hearing aids and is offered through Amplifon, the nation's largest independent hearing care network.

EyeMed℠

Learn more at www.nedelta.com or from our Customer Service Representatives at 1-800-832-5700.

HOW® HEALTH *through* ORAL WELLNESS®

DELTA DENTAL®

Welcome to Health *through* Oral Wellness® (HOW®)

Extra Benefits—No Additional Charge—For Those Who Need Them

Your Northeast Delta Dental plan includes our industry-leading Health *through* Oral Wellness® (HOW®) program at no additional charge in premium. HOW® provides additional preventive benefits to members who are at risk for oral disease, helping them to achieve better oral health.

Simple and free, HOW® works like this:

STEP 1:
The dentist or hygienist performs a clinical oral health risk assessment and submits it to Northeast Delta Dental electronically and receives a score.

STEP 2:
Members scoring between 3 and 5 on a five-point scale are immediately eligible for enhanced benefits.*

STEP 3:
Everyone deserves a healthy smile. For tips on oral wellness and to take a free risk assessment, please visit **HealthThroughOralWellness.com**.

*Additional preventive benefits apply toward the annual maximum and are subject to the provisions of your Northeast Delta Dental policy. Only the clinical risk assessment performed in your dental office can determine your eligibility for additional preventive benefits.

Additional Benefits May Include:

- Extra cleanings
- Fluoride varnish or topical fluoride
- Oral hygiene instruction
- Sealants
- Nutritional counseling
- Tobacco cessation counseling



Form No. HOW-SOEB_Sales Rev. 111522

See reverse side for program details to share with your dentist.

HOW® HEALTH *through* ORAL WELLNESS®

DELTA DENTAL®

FOR YOUR DENTIST

Extra Benefits—No Additional Charge—For Your At-Risk Patients

Dear Dental Colleague,

Many of your Northeast Delta Dental patients who are at risk for caries and/or periodontal disease may be eligible for additional preventive benefits at no additional charge to them through the Health *through* Oral Wellness® (HOW®) program.* *(See these benefits below.)* To assess their risk level, they need your help! Please complete an oral health risk assessment using the PreViser® clinical risk assessment tool. It is provided to you by Northeast Delta Dental at no charge.

Getting started is quick and easy—you can perform this assessment on your patients immediately. To create your free PreViser® account, please visit **my.previser.com/start**. If you have any questions please call Northeast Delta Dental's Provider Services department at 1-800-537-1715, extension 1100, and/or view a training video at **previser.com/free**.



STEP 1:

The dentist or hygienist performs a clinical oral health risk assessment and submits it to Northeast Delta Dental electronically and receives a score.



STEP 2:

Members scoring between 3 and 5 on a five-point scale are immediately eligible for enhanced benefits.*

*Additional preventive benefits are subject to the provision of your patient's Northeast Delta Dental policy. Only the clinical risk assessment performed by you can determine your patient's eligibility for additional preventive benefits.

Oral Health Condition	Benefits	Frequency
Caries (Tooth Decay)	Caries Susceptibility Test	Once per 12 months
	Child or Adult Cleaning	Combination up to 4 per 12 months[3]
	Fluoride Varnish or Topical Fluoride	Combination up to 4 per 12 months
	Nutritional Counseling or	Once per 12 months[1]
	Oral Hygiene Instruction	Once per 12 months[1]
	Sealants	Once per 3 years[2]
Periodontal (Gum) Disease	Adult Cleaning and Periodontal Maintenance	Up to 4 per 12 months[3]
	Nutritional Counseling or	Once per 12 months[4]
	Tobacco Cessation Counseling or	Once per 12 months[4]
	Oral Hygiene Instruction	Once per 12 months[4]

*Enhanced benefits are subject to change and are subject to standard policy provisions, including, but not limited to, coinsurance percentages, copayments, and plan maximums. As with all benefits, eligibility confirmation should be obtained via Northeast Delta Dental at www.nedelta.com or from customer service at 1-800-832-5700.

[1] Either one nutritional counseling or one oral hygiene instruction is covered in a 12-month period.
[2] Sealants are a covered benefit based on caries risk assessment for unrestored primary molars and for unrestored permanent premolars, and molars—one sealant per tooth every three years.
[3] Combination of prophylaxis, periodontal maintenance, or full mouth debridement (once in a lifetime benefit) not to exceed four in a 12-month period.
[4] Either one nutritional counseling, or one oral hygiene instruction, or one tobacco cessation counseling is covered in a 12-month period.

Form No. HOW-SOEB_group Rev. 111522

Enhanced Benefit:
Special Health Care Needs



Millions of people in the U.S. have diverse health care needs, including physical, developmental, mental health, sensory, behavioral, emotional, or cognitive conditions. For many, accessing oral health care can be challenging or overwhelming. Delta Dental is changing that.

Northeast Delta Dental offers an enhanced benefit designed to support covered members of all ages with qualifying health care needs.

What is included?

We've expanded our coverage for group dental plan members to allow for:

- Additional dental examinations and/or consultations prior to treatment, helping patients understand what to expect and feel comfortable and prepared for a successful dental visit. Additional exam benefits may be available for this purpose.
- Coverage for up to four dental cleanings per benefit year, supporting ongoing preventative care and oral health.
- Treatment delivery modifications (including anesthesia and nitrous oxide) as appropriate, to ensure patients with barriers to care can receive comfortable and effective oral health services.

How is this benefit accessed?

- Members with a qualifying health care need are encouraged to let their dentist know that their group plan with Northeast Delta Dental includes the Special Health Care Needs benefit.
- To help your dentist understand the benefit and how to submit claims for services provided, you or your provider can download the provider-focused **Special Health Care Needs flyer** or scan the QR code below.

What are special health care needs?

As defined by the American Academy of Pediatric Dentistry, special health care needs include any physical, developmental, mental, sensory, behavioral, cognitive, or emotional impairment or limiting condition that requires medical management, health care intervention, and/or use of specialized services or programs. The condition may impact people of any age, may be congenital, developmental, or acquired through disease, trauma or environmental cause, and may impose limitations in performing daily selfmaintenance activities or substantial limitations in a major life activity.

Questions?

For further information please contact Customer Service at 1-800-832-5700 or email **nedelta@nedelta.com**

DELTA DENTAL®

Northeast Delta Dental
www.nedelta.com

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