

CONVENIENCE SERVICE REFERRALS

Real support for real life.

We get that you're constantly busy with a to-do list that's a mile long. And we're here to help. With our Convenience Services Referrals program, you'll have quick and convenient access to trusted local resources to assist you with your everyday needs.

We'll connect you with a professional daily living consultant who will help you find what you're looking for. We offer qualified referrals on a range of topics, including:



**Community
volunteering**



Consumer issues
(referrals to the Better Business Bureau®
and other consumer protection agencies)



**Dining and
entertainment**



Emergency services
(including domestic abuse
support group referrals)



Event planning



**Home maintenance
and repair**



Relocation



Travel and recreation



We're here to listen. Contact us any day, anytime.

Call 877.622.4327 or log in to **myCigna.com**.

Employer IDPlaFitEAP (if you are not enrolled in a Cigna Medical Plan).

If already registered on **myCigna.com**, simply log in and go to the EAP link under the Coverage tab and click See Work/Life Resources in the Home Life Referrals box.

Together, all the way.®



Some work/life services offered under our Employee Assistance Program may be provided by a Cigna contracted third-party vendor. All service providers are independent third parties/entities and solely responsible for any information and services provided.

All Cigna products and services are provided exclusively by or through operating subsidiaries of Cigna Corporation, including Cigna Health and Life Insurance Company, Evernorth Care Solutions, Inc. and Evernorth Behavioral Health, Inc. The Cigna name, logo, and other Cigna marks are owned by Cigna Intellectual Property, Inc. All pictures are used for illustrative purposes only.

837420 c 08/21 © 2021 Cigna. Some content provided under license.