



Join the Women's Pelvic Health program

Get personalized pelvic floor care **at no cost to you** through your Client Name medical plan.

What's your pelvic floor?

Your pelvic floor is the group of muscles supporting the bladder, uterus, and bowel. Pregnancy, injury, and certain conditions can sometimes weaken those muscles, resulting in pain, bladder control issues, and more.

Why join?

- Get personalized exercise therapy for pregnancy and postpartum, bladder control, pelvic muscle strengthening, or pelvic muscle relaxation.
- Work 1-on-1 with a clinical care team that specializes in pelvic floor care.
- Exercise from the privacy of your own home, on your schedule.





To learn more and apply, scan the QR code or visit hinge.health/medprostaffing-wph

Questions? Call (855) 902-2777

Hinge Health está disponible en español

Alivia los dolores articulares y musculares y previene las lesiones con tus beneficios de salud gratuitos. Únete ahora. Employees and covered dependents 18+ enrolled in a MedPro Staffing medical plan are eligible.