Help secure your family's future. You're almost there.

Complete and return the Statement of Health (SOH) form to continue your group insurance application.

It's Easy and Only Takes a Few Minutes

- By now, you should have already accessed the SOH online or were sent a paper form in the mail.
- It's important that you sign and date the paper document that you printed from the web or received in the mail and return it for processing.

What is a Statement of Health For?

Basic medical questions you need to answer in order for MetLife to evaluate the full amount of insurance coverage you applied for according to your plan.

- Overall health
- Physical condition
- Medical history
- Age and other information

Why Would I be asked to complete a SOH form?

When applying for group insurance coverage, you may be asked to submit basic medical information if you:

- Requested amount(s) of group insurance that exceeds a specific amount
- Were hospitalized in the last 90 days
- Are a late enrollee (after the established enrollment period)
- Originally waived coverage when first eligible

What Happens Next?

When you return your completed and signed SOH, MetLife will contact you by US Mail with a status of your application after all information is reviewed and processed.

Note: If you submit your application for additional coverage and it is declined, you will not lose any existing life insurance coverage you have in place. In addition, if you are newly eligible employee you will still receive any coverage guaranteed under your Plan.



Need help or have questions!
Contact MetLife's SOH Customer Service Department at 1-800-638-6420, prompt 1 with questions

MetLife

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