

NOURISH you

We understand that taking care of others starts with taking care of you!

That is why we started our **Nourish YOU** program, designed to nourish our dedicated team members with a delicious, **FREE** meal during every shift – day or night and on weekends!



Financial support through one **FREE** balanced meal during every shift, not having to spend out of pocket.



Reduced stress so you don't have to worry about packing a meal or running out to buy food



Provides a chance to truly rest and recharge during meal breaks.

Together, We thrive

Your commitment to our residents is what makes Five Star Living special. With Nourish YOU, we want to show our appreciation by taking care of and supporting YOU!

EVERY SHIFT LET US NOURISH YOU



PLACE YOUR ORDER

Fill out a *Team Member Meal Ticket* and submit to the kitchen



ENJOY YOUR MEAL

Enjoy your meal in the designated space in your community



RETURN DISHES

Place your dirty dishes to the spot specified in your community