

Are you caring for a loved one outside of work?



Health care professionals are often called upon outside of work when friends or family need health-related support.

If you're:

- Picking up groceries
- Helping with medication
- Driving to medical appointments
- Providing personal care

It can be intense. We have resources to help.

As part of our ongoing commitment to your wellbeing and work-life balance, BILH is partnering with ARCHANGELS to connect you with resources and provide compassionate support.



Connect with ARCHANGELS by scanning the QR code above.

