



You're invited to this virtual event

# Unpacking Pain

April 9, 2025 | 1 PM ET/12 PM CT/10 AM PT

Presented by Hinge Health, "Unpacking Pain" will dive into the science of pain, some of the factors that affect your experience, and how Hinge Health can help improve your overall health and well-being.

## 3 things you will take away from "Unpacking Pain":

- What pain is and why it occurs
- How to identify the factors affecting your pain
- What you can do today to start reducing your pain

We hope to see you there!



Scan the QR code to save your seat or visit:

[hinge.health/register-april2025](https://hinge.health/register-april2025)

This is a free virtual event. While all are welcome to join the webinar, please note that you must be enrolled in your employer's medical plan in order to participate in Hinge Health. This presentation will be recorded and a link to view will be emailed to all registered participants one day after the event concludes. Questions? Email: [hello@hingehealth.com](mailto:hello@hingehealth.com) Phone: (855) 902-2777.

Una transcripción de este seminario web estará disponible en español 2 semanas después de que concluya el evento. Para activar las transcripciones en español en Vimeo, haga clic en el botón "CC" y seleccione "Spanish/español".