

# why VISION COVERAGE matters

Your vision plan is more than coverage for glasses.  
It's an essential part of protecting your overall health and well-being.

## it's truly Preventive Healthcare



Routine eye exams can **detect early signs of serious health conditions**, such as:

- Diabetes
- High blood pressure
- High cholesterol
- Glaucoma
- Macular degeneration

Early detection through *annual exams help protect your long-term health.*



## REMEMBER YOUR FAMILY

- Vision is especially **important for children.**
- Be sure to **schedule** exams for **covered dependents.**



## clear vision Supports Performance



### Good vision helps you:

- Reduce eye strain and fatigue
- Improve focus and clarity
- Stay safe while driving and working
- Prevent headaches
- Maintain productivity

Good, comfortable vision *supports both daily tasks and long-term wellness.*



## DON'T FORGET, BENEFITS RESET EACH YEAR

- Vision plans *do not roll over - use-it-or-lose-it.*
- **Eye exam** benefits renew *every 12 months.*
- **Frames or contact lens** allowances renew *annually or every 24 months.*

## BOOST YOUR OVERALL HEALTH

*Schedule your exam today*, then discover how preventive care can save you money and enhance your long-term wellness. Scan the QR code to read "Putting a Price Tag On Your Health."

<https://www.wealth.truenorthcompanies.com/resource-center/lifestyle/putting-a-price-tag-on-your-health>



## low-cost, High-Value Benefit

Your group vision plan **typically includes:**

- Coverage for routine eye exams
- Low copays with in-network providers
- Allowance toward frames or contact lenses
- Discounts on additional eyewear purchases

With coverage, keeping your vision sharp is *predictable, affordable, and convenient.*



## MAXIMIZE YOUR SAVINGS

- *Visit* an **in-network provider.**
- *Check* your **benefit frequency** for exams, frames, and lenses.
- *Schedule* your **appointment** early to ensure **availability.**



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\* *Why eye exams are the new front line of preventive care* - <https://www.shrm.org/topics-tools/news/benefits-compensation/why-eye-exams-are-new-front-line-preventative-care>

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