



There are times when unavoidable and unexpected circumstances result in emergency financial crisis. You are not alone! AlerisLife is here to help you weather the storm and offer financial support during these difficult times with our Helping H.A.N.D. program.

HELP

We offer 24/7 resources and access to funds in times of emergency and hardship

» When life happens, know that a helping hand is only a phone call away.

ACCESS

To your PAY and PTO

- » Payactiv Flexible Paycheck—Instant access to 50% of your earned wages free of charge (hourly team only)
- » PTO Hardship Cash Out—when you experience a financial hardship for things like:
 - Catastrophic event
 - Natural disaster
 - Medical expenses (all team members)
- » 401K Loan and Hardship Withdrawal (Participants Only)

NEED MORE

- FREE Confidential Financial Counseling or Stress Management
- » Help with financial stress and anxiety
- » Debt management/ budgeting
- » College tuition planning
- » Bankruptcy

iDENTITY THEFT

- FREE identity theft restoration toolkit
- » Confidential and free access to services provided by a certified fraud resolution specialist or licensed attorney

Scan the QR code and access all your benefits information in one place from work or home.



DID YOU KNOW?

- » 39% of Americans can't cover a \$400 unexpected **emergency expense**, or would need to borrow or sell something to do so.
- » 64% of adults say that money is a **significant source of stress** in their life.
- » About 1 in 5 people have lost money in **impostor scams**. \$2,331 million reported lost with \$1,000 median loss