

TELEMYND

Virtual mental health care for Meritain members

Get matched with a therapist or prescriber covered by your insurance today.

[REQUEST APPOINTMENT](#)

Quality mental health care should be available to everyone, no matter where they live. That's why we built Telemynd, an easy-to-use telebehavioral health platform where you can see therapists and prescribers virtually so that you can always feel confident about the future of your mental health.

Covered by insurance

Meritain members have access to our national roster of licensed therapists and prescribers. No matter where you are, you can conveniently meet with a licensed provider that is a part of your network plan.

Designed for your needs

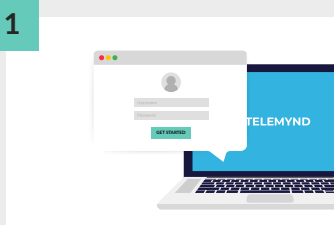
Access a range of mental health services, from talk therapy to e-prescription medication and more. And discover the care that's right for you, whether that's occasional support or more targeted, intensive care.

Personalized at every step

Not sure what kind of support you need? We can help. Your personal Care Coordinator will work with you to understand your needs, and match you with a provider who is uniquely qualified to support you.

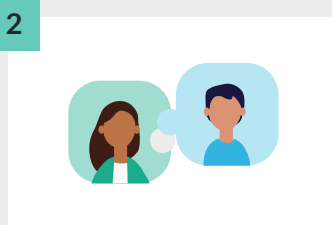
How it works

1



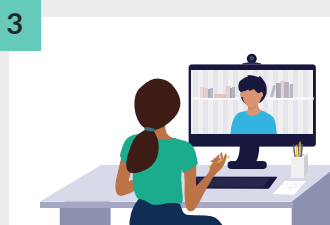
Request an appointment by filling out the online registration form or by calling our care support line at 1-866-991-2103.

2



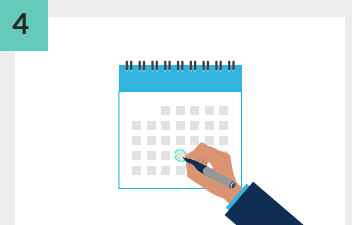
Your care coordinator will then match you with a provider who is uniquely qualified to treat you, and schedule your first appointment.

3



Then it's time to meet with your behavioral health specialist via video.

4



If applicable, your provider will schedule follow up appointment/s.

80K

Hours of mental health care delivered to new patients seeking treatment each year.

98%

Of Telemynd users say their needs are met and their condition is treated effectively.

97%

Of users say they would refer a close friend or family member to Telemynd.

98%

Of people who use Telemynd services continue their treatment after their first session.

Wish to speak with a live person? No problem. Simply reach out to our Care Team at 1-866-991-2103 and we'll help coordinate your appointment.